

## **Chertsey Primary School Bicycle Policy**

- The Department of Education and Training and NSW Roads and Traffic Authority recommend that children under 10 years of age DO NOT ride bicycles to or from school unless accompanied by an adult.
- 2. Children must correctly wear a Standards Australia approved bicycle helmet at all times when in control of a bicycle.
- 3. All RTA road rules concerning bicycles are to be followed. This includes the pedestrians' right of way on footpaths. The bell should be used as a warning when approaching pedestrians.
- 4. Bicycles ridden to school must be in good, safe working order and bicycles must be fitted with a bell.
- 5. Entry and exit points to Chertsey Primary School are via Willow Road entrance or via Bilgola Close.
- 6. Children are to dismount before entering the school grounds and walk their bicycles whilst on site.
- 7. Bicycles are to be stored in the bike rack **in front of the school library.** Bicycles must be locked with a chain and padlock supplied by the bicycle owner. Bicycles and helmets are brought and stored on site at the owner's risk.
- 8. Chertsey Primary School provides bicycle safety education for all students through the school's road safety education program.
- 9. Parents will support Chertsey Primary Public School's road safety education program by instructing their children in the rules of road safety and maintaining their child's bicycle as a matter of routine. (see attached *Bicycle and Helmet Safety Checklist*)
- 10. Parents will be notified if children do not adhere to the School's Bicycle Policy. Students may be refused entry with their bicycles to the school grounds.
- 11. No riding of bicycles, scooters, rollerblades or skateboards is permitted in school grounds after hours.

Note: Skateboards, scooters and rollerblades are **not permitted** at Chertsey Primary School under any circumstances, unless directed by teachers.

## **Bicycle User's Contract**

- I have read and discussed the bicycle information provided with my parents/ carers (Chertsey PS Bicycle Policy)
- I understand that it is a joint responsibility between my parents and I to keep the bike well maintained with all component parts working correctly.
- I will wear my Standards Australia approved helmet correctly when riding a bicycle to and from school.
- I understand that I bring my bicycle to school at my own risk and will secure it with a lock and chain in the bike rack.

Signed (child):			_	
Signed (parent):				
Date:				
Please keep the bicycle user'	s contract at home for	ready reference.		
	Bicycle Perm	nission Note		
I give permission for bicycle to and from school			_ (child's name) to ride his	/her
Policy and The La Skateboards) to m I have reviewed the for roadworthiness maintained with al My child will correct bicycle to and from	nw & Safety Advice for my child. ne Bicycle and Helme is and understand tha Il component parts wo ctly wear a Standards	or Bicycles, Rolled to Bicycles, Rolled to Bafety Checkles it it is my responsorking correctly. Something correctly approximates approximately.	oved helmet when riding a	ycle ell
Signed:			_	
Relationship to child:		<u></u>		
Date:				

Please return this bicycle permission note to the principal.

## **Bicycle and Helmet Safety Checklist**

Feature	What are you checking for?	How does your bicycle rate?
Tyres	<ul><li>firm tyres</li><li>tread not worn and no canvas showing</li><li>no bulges or cuts</li></ul>	
Bell / Horn	sounds clearly and loudly	
Pedals	<ul><li>rotates freely when spun</li><li>rubber not showing signs of wear</li></ul>	
Lights and reflectors	secure, clean and shine brightly	
Brakes	<ul><li>blocks not worn down when brakes applied</li><li>bike wheel does not rotate when brakes are applied</li></ul>	
Chain / Gears	<ul> <li>does not move more than 2.5cm when lifted</li> <li>is well oiled</li> </ul>	
Helmet	<ul> <li>Helmet shell and lining are not damaged</li> <li>Helmet straps, buckles are not damaged</li> <li>Helmet sits on top of the head (two fingers width between eyebrows and helmet edge) and can be firmly buckled under the chin</li> </ul>	
Size of bike	correct size for rider (see information below)	

## What is the right size of bicycle?

The right size of bicycle:

- has controls within reach
- is comfortable for the rider
- has a level seat
- the rider's feet should just touch the ground when the rider is sitting on the seat
- handlebars should allow for the arms to be slightly bent as the body leans slightly forward
- the bicycle is the right size if the rider can straddle the crossbar with both feet flat on the ground, otherwise the bicycle is too big and therefore, unsafe. There should be about 3 cm between the bicycle and the rider's crutch for a medium or lightweight bicycle. For a BMX or mountain bike there should be a 10 cm gap. If there is no crossbar, make the test from where the crossbar would be.