



STEPPING STONES TRIPLE P

We are currently seeking expressions of interest, from parents / caregivers to participate in the Stepping Stones Triple P Parenting Program (SSTP) in Term 3, 2014.

The Stepping Stones Triple P Positive Parenting Program is an intervention program specifically developed for families of pre-adolescent children with autism and/or intellectual disabilities who currently have, or are at risk of developing, behaviour problems. No other parenting program in the world has an evidence base as extensive as that of Triple P. It is number one on the World Health Organisation's ranking of parenting programs, based on the extent of its body of evidence.

Last year Chertsey was included in a small group of only 20 schools selected throughout NSW to participate in a research project aimed at assisting parents who have a child with autism and/or intellectual disability with behaviour and developmental issues. Ms Heidi Daley, our class teacher on Support Class Autism, attended Facilitator Training and accreditation at Westmead Hospital as part of this research project.

Stepping Stones Triple P teaches parents how to help their child develop the skills they need to get along with others and feel good about themselves. Specific parenting strategies cover:-

- Developing Positive Relationships
- Encouraging Desirable Behaviour
- Teaching New Skills and Behaviours
- Managing Misbehaviour

The 9 week program consists of five weekly group sessions of 2 ½ hours each followed by 3 weekly individual telephone sessions and one final 2 ½ hour group session. In order to provide parents with sufficient individual attention we are looking at a maximum group size of 8 – 10 parents.

There is no cost to participate in this program and I encourage you to take this opportunity to access a program that is Australian based, has been recognised worldwide and has had measured, positive results for many parents of children with autism and/or intellectual disability.

Toni Skinner

Toni Skinner
Principal

Heidi Daley
SSTP Facilitator

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EXPRESSION OF INTEREST

I am interested in participating in Stepping Stones Triple P Parenting Program at Chertsey Primary School in Term 3, 2014.

Name

Preferred Contact Number