



8 November 2011 Working Together Term 4 Week 5



JOHN ANDERSON

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PRIMARY
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Access your
Newsletter
at any time on
our website
[www.chertsey-p.
schools.nsw.edu.au](http://www.chertsey-p.schools.nsw.edu.au)



From The Principal's Desk

IMPORTANT TERM 4 DATES

- 8th November- P&C Meeting
- 17th November- Yr 6 Mini Fair
- 1st December- HEADSTART Graduation
- 2nd December-KLA Presentation Day
- 5th December- Erina HS Year 6 Orientation Day + Yr 6 to 7 Transition Evening for Parents at Erina HS
- 7th December- Helpers' Morning Tea- 11am, Combined Scripture Assembly (Parents welcome)
- 8th December- K-2 Presentation Day Assembly (9.30am-11.00am)
- 9th December- 3-6 Presentation Day Assembly (1.00pm-3.00pm) + Student Reports- home
- 12th December- Year 6 Farewell
- 13th December- Beaut Behaviour BBQ + P&C Meeting
- 19th/20th December- Pupil Free Days

P&C MEETING REMINDER TONIGHT

THE NOVEMBER P&C MEETING WILL COMMENCE AT 6.30PM IN THE STAFFROOM THIS TUESDAY, NOVEMBER 8. WE HOPE YOU CAN MAKE IT TO FIND OUT ABOUT WHAT'S HAPPENING AT OUR GREAT SCHOOL.

KIDS DAY OUT

Congratulations to Nada and her team of hard workers for the sensational Kids Day Out event held at the Wyong Racecourse last Sunday. With fantastic weather, families from across the Central Coast flocked to this outstanding annual Kids Day Out. Our Chertsey families are great supporters of this event. I am sure everyone had a beaut day

DAD'S HEADSTART

I am looking forward to meeting the dads of our new kindergarten students this coming Saturday. Each year it is great to see a group of new dads and their children attend the special Dad's HEADSTART session.

ACCEPTANCE, ACHIEVEMENT, COMMITMENT, INTEGRITY AND RESPECT

COMPETITION SUCCESS

At next Friday's assembly we will be visited by Mrs Bronwyn Tubnor , the Regional PSP Writing Competition coordinator. She will present certificates to our participants in this competition and also present the Runner Up prize to **Evie** in class 3/4M for outstanding entry. **Congratulations Evie!**

YEAR 6 MINI FAIR

Thursday 17th November will see the annual Year 6 Mini Fair take place. I am sure the students will once again organise a very successful mini fair and everyone will thoroughly enjoy themselves. There will be plenty of activities, prizes and food. The money raised will go towards a Year 6 gift to the school. At this stage we do not have any helpers for the barbeque, so if you could help it would be greatly appreciated.

SWIM SCHOOL CONCLUDES

Over **70 students** have now completed this year's Swim School. This is a fantastic effort and I saw first-hand the valuable skills and confidence students gained as a result of this intensive swim school. However, as I have previously stressed, it is **important to develop greater skills** and confidence through further instruction by trained swim instructors and surf skills through such things as the 'nippers' program each Sunday morning at a surf club. I would like to sincerely thank **Mrs Hynes** for once again coordinating this program and **our teachers** who have assisted at the Gosford Swim Centre for the past two weeks.

PHOTOGRAPHIC PORTRAIT OPPORTUNITY &FUNDRAISER (Repeat)

One of our parents, **Gary Champion**, is going to set up his mobile photographic studio at Chertseydale Cottage **THIS Saturday, 12th November**. (See brochure with this newsletter). He will be available to take 'studio quality' portraits of families, children, babies and couples. For \$49 you will receive a package of 11 prints (same pose). Additional packages are available at reduced prices. As Gary has stated on his brochure, it would make a great Christmas gift.

Gary is offering the school a generous percentage on the cost of each portrait package.

Should you be interested please write your details (name & phone number) on an envelope and forward to our school office. Alternatively you can make a booking by phoning Nada (0438 237 158).

SUNSAFE and PROUD

Well done to **Sebastian of class 2/3W** who won this week's hat draw. Sebastian wins a slushy, courtesy of our canteen and our P&C, for simply having a school hat on that he wears at all times whilst out in the playground. Congratulations Sebastian enjoy your slushy.

John Anderson

PHOTOS

Our new play equipment



SCHOOL PREFECT ELECTIONS 2012

It is that time of year when we are thinking about school leaders for 2012. Six Prefects will be elected for 2012. Year 5 students and the staff at Chertsey PS are currently submitting nominations for consideration as Prefect next year. Along with the honour of being elected as a Prefect, there is also added responsibility as they endeavour to balance their new leadership roles with their academic, extracurricular and social activities.

A special assembly will be held on Thursday 26th November (Week 7), commencing at 1:45 pm, at which successful nominees will present a short speech explaining why they would make the best Prefect. All Year 2 to 5 students and all staff will vote following the speeches, and the new Prefects will be announced at our annual Presentation Day Assembly on Friday 9th December (Week 9).

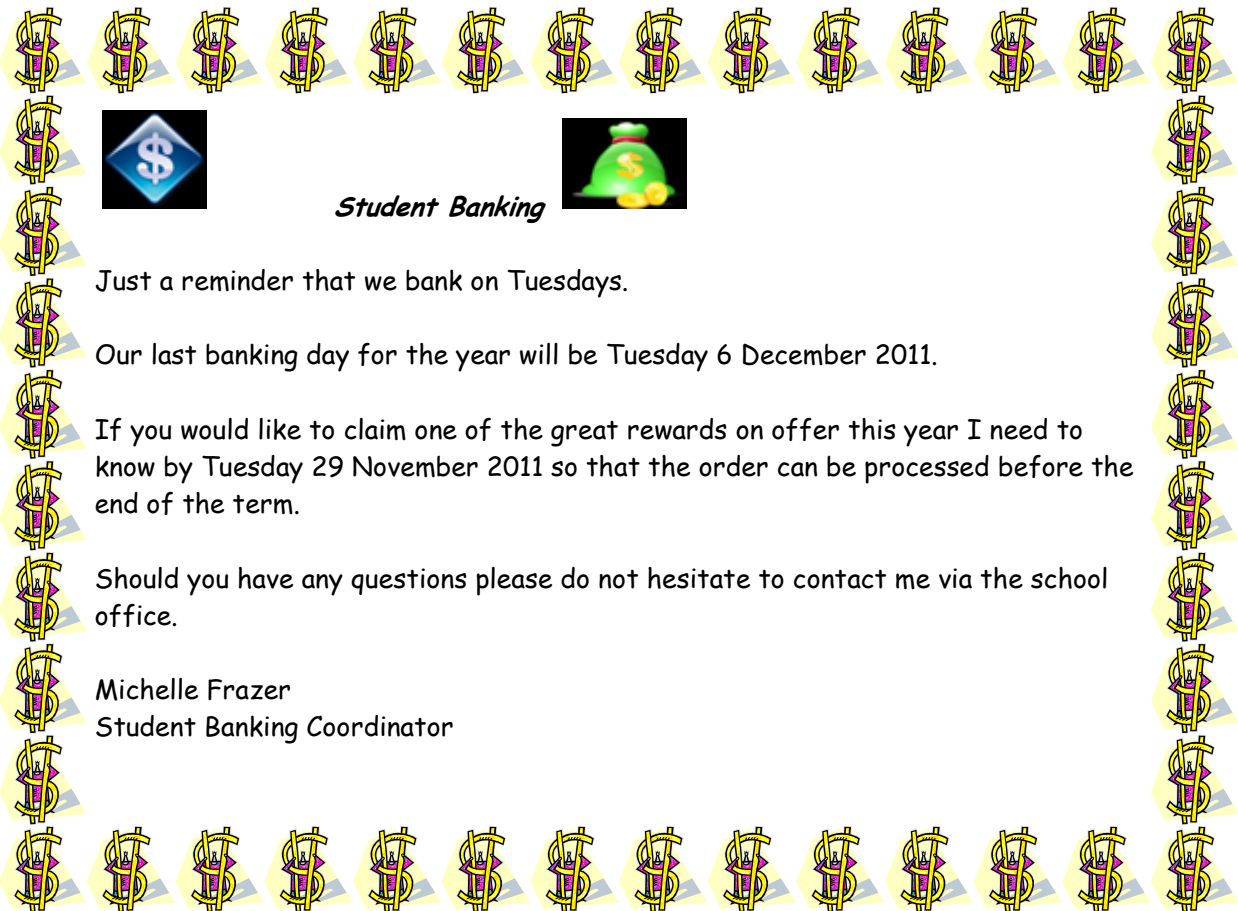
Good luck to all nominees!


Miss Wiseman and Mr Francis

Prefect Co-ordinators


Year 6 Mini-fair

On *Thursday 17th November* the Year 6 students will be holding a mini-fair at our school to raise money for their end of year farewell and for the present that Year 6 gives to the school at the end of the year. The fun and activities *start at 12:30 pm* and will *conclude at 2:30 p.m.* So bring your money, bring your family and friends and have a great time at our mini-fair!





Student Banking



Just a reminder that we bank on Tuesdays.

Our last banking day for the year will be Tuesday 6 December 2011.

If you would like to claim one of the great rewards on offer this year I need to know by Tuesday 29 November 2011 so that the order can be processed before the end of the term.

Should you have any questions please do not hesitate to contact me via the school office.

Michelle Frazer
Student Banking Coordinator

Free Screening Mammograms

- ♦ Are you 50 years of age or older and have never had a mammogram?
- ♦ Is it more than 2 years since your last screening mammogram?

If you answered yes to either of these questions then call BreastScreen NSW on 13 20 50 to make an appointment for your free screening mammogram.

BreastScreen NSW offers a free breast screening service for women over 40 with priority given to women aged 50 to 69 years.

75% of breast cancers are in women 50 years or older so the risk of a woman developing breast cancer increases as she gets older.

Mammograms save lives.

Location: Erina Fair Shopping Centre

Date: 24 Nov to Mid Dec

Parking: Free

Phone 13 20 50 or 4320 5678

Early Detection is Vital

Call **13 20 50**
For an appointment

CHERTSEY PRIMARY SCHOOL CANTEEN MENU

Spring 2011 - from Term 4 2011

Canteen is open Wednesday, Thursday and Friday
Volunteers are always welcome. Contact Di on 0405 009 617



Before School

| | |
|--------------------------|------|
| Milo (hot or cold) | 0.65 |
| Muffin | 0.65 |
| (Vegemite, jam or honey) | |



Hot Food

| | |
|-----------------------|------|
| Cheese burger | 3.10 |
| Chicken burger | 3.30 |
| Chicken burger deluxe | 4.50 |
| Chicken balls each | 0.60 |
| Chicken nuggets each | 0.50 |
| Chicken fingers each | 0.50 |
| Dino snacks each | 0.50 |

| | |
|-----------------------|------|
| Ham & pineapple pizza | 3.50 |
| Mini pizza slice | 0.25 |

| | |
|-----------------|------|
| Lasagna 125g | 3.40 |
| Fried Rice | 4.30 |
| Mega Noodle cup | 0.50 |

Sandwiches/Wraps

| | |
|-------------------------|------|
| B beans/Spaghetti | 1.50 |
| Cheese | 1.50 |
| Cheese & Tomato | 1.70 |
| Chicken | 3.00 |
| Chicken & Cheese | 3.30 |
| Chicken, Lettuce & Mayo | 3.30 |
| Chicken salad | 4.60 |
| Egg | 1.50 |
| Egg and lettuce | 2.00 |
| Ham or Tuna | 2.20 |
| Ham & Cheese | 2.60 |
| Ham, Cheese & Tomato | 2.80 |
| Ham or Tuna & Salad | 4.00 |
| Salad | 3.00 |
| Vegemite | 1.50 |



| | |
|---------------|------|
| Rolls extra | 0.20 |
| Toasted extra | 0.20 |

Wholemeal bread available

Salad: lettuce, tom, carrot, beet, cucumber



Meal Deals

| | |
|--|------|
| Sumo Salad | 5.00 |
| Salad sandwich, flavoured milk, popcorn | |
| Loopy Lasagna | 4.00 |
| Lasagna, juice cup, wobbli | |
| Chunky Chicken | 4.00 |
| 4 chicken balls, water or juice cup, triangle ice block or popcorn | |
| Toasty Treat | 3.40 |
| Toasted cheese sandwich, water or juice cup, triangle ice block or popcorn | |



Drinks

Frozen Treats

| | |
|----------------|------|
| Jelly Stix | 0.20 |
| Wobbli | 0.40 |
| Money triangle | 0.80 |
| TNT sour pop | 0.90 |
| Moosie | 1.60 |



Snacks

| | |
|-------------------------|------|
| Cupcakes - high fibre | 0.30 |
| Finger bun - half | 1.00 |
| Fruit - seasonal prices | 1.00 |
| JJs/Jumpys | 1.20 |
| Red Rock deli chips | 1.50 |
| Popcorn | 0.80 |

Don't forget to fill inky your apple for free



Birthday Cakes

Freshly made and decorated cupcakes for the birthday child and their classmates, delivered to the classroom with candles and serviettes.

A full size copy of this menu is available from the canteen or school office

Canteen News

The Canteen has a new menu. Some new items have been added (Chicken Fingers, Dino Snacks and Finger Buns) and the old favorites are still around. A copy of this exciting new menu is attached.

The new menu starts next week (Week 6). So take a look and support our canteen.

On Thursday 17 November 2011 to coincide with the Year 6 Minifair, a **"Red Day"** has been arranged by the canteen. Some yummy treats not on the normal menu and not normally allowed will be available on the day.

Remember volunteers are always needed and always welcome.

Michelle Frazer
P and C Secretary

Assembly times

K-6 Friday (Even Weeks) 1:45-2:45

K-2 Wednesday (Odd Weeks) 9:15-9:45

3-6 Friday (Odd Weeks) 1:45-2:30

Parents & Citizens Association



Meetings are held
every 2nd Tuesday of
each month 6.30pm.

All parents are
welcome!

School Community Hall
for hire. Chertsey
Community Cottage for
hire
Phone school Office
for details

OUR PLACE

CHERTSEY SaCCs

**School as Community
Centres**

Phone: 4323 7158

Fax: 4323 7158

Facilitator: Nada Potter



Dates to remember

| | |
|---|---|
| Tuesday 8/11 | P & C Meeting 6:30pm |
| Friday 11/11 | Touch Skills Day 11:45 – 12.45 |
| | Remembrance Day |
| Saturday 12/11 | Family Portraits– Cottage Dad's Headstart |
| Thursday 17/11 | Year 6 Mini Fair |
| Thursday 1/12 | HEADSTART Graduation |
| Friday 2/12 | KLA's Assembly 1.45pm |
| Monday 5/12 | Erina Orientation Year 6. Parent-Teacher Evening Erina High School |
| Wednesday 7/12 | Helpers' Morning Tea-11am |
| Wednesday 7/12 | Combine Scripture Assembly |
| Thursday 8/12 | Springfield Has Talent Evening |
| Thursday 8/12 | Presentation Assembly K - 2 / 9.30 - 11pm |
| Friday 9/12 | Presentation Assembly 3-6 / 1-3pm |
| Monday 12/12 | Year 6 Farewell |
| Tuesday 13/12 | Beaut Behaviour BBQ |
| | P & C Meeting 6.30pm |
| Friday 16/12 | Students Last Day |
| | Year 6 Graduation Assembly 2.15pm |
| Monday 19/12 - Tuesday 20/12 | Pupil Free Days |

CHANGES OF ADDRESS AND TELEPHONE NUMBERS

Please notify the office of
any address and
telephone number
changes. In the event of
an emergency we must
have current



Canteen



**Our canteen is now
opened on :**

**Wednesday
Thursday and
Friday**

Anger, Kids & Family



Learn to manage your own frustration, irritation, annoyance, anger and rage when communicating with children and partners.



where: **Chertsey SaCCs Family and Community Centre**
Grounds of Chertsey Primary School, Willow Drive, Springfield 2250.

When: Monday, November 14, 21 & 28.

Time: 10.00 – 12.00 Noon.

Limited Childcare Available (Brighter Future clients have priority; non Brighter Future waitlisted and if available, confirmed 3 days before course)

Families child care is

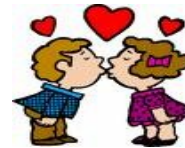
Session 1

Understand anger and how it affects the family
Responding to different anger triggers - feeling adequate, power struggles, attention seeking, retaliation.
Beliefs and attitudes that escalate anger
Levels of anger and other emotions that 'damage' the 'Kids'
Thoughts that escalate anger.
What does your anger look like?



Session 2

Old anger and the volcano effect- Reduce anger triggers.
Diffusing anger safely - practical strategies
Centring to calm yourself
Assertive communication to minimise anger
Communicate constructively in the family.
Modelling assertiveness to Kids



Session 3

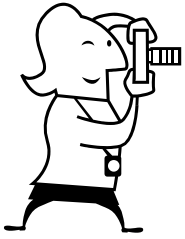
What is the long term affect of anger on children in the family
How do children process anger at different developmental stages?
What do you want to change?
Emotional Reactions and Grumpy Kids
What to do? How to Respond?
Teaching Kids to express anger appropriately

For more information and registration.

Carlie 4325 9601



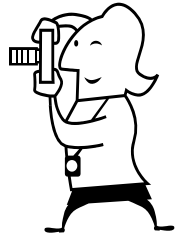
Last Chance Offer



Family Portrait

By

Gary Champion



**Don't forget to book into this extraordinary offer for a
Family Portrait**

How would you like STUDIO QUALITY portraits
PROFESSIONALLY PHOTOGRAPHED
at a fraction of the cost
of what you would expect to pay?

Gary Champion Photography will have their mobile photographic
studio at Chertsey Community Cottage on Saturday 12th of Nov.
Bookings are essential so phone Nada on 0438 237 158 to take
advantage of this GREAT OFFER!!

PORTRAIT PACKAGE

(11 prints, same pose)

1x 10"x8"

2x 5"x7"

2x 5"x3.5"

2x wallets

4x mini-wallets

*Additional Portraits available at discount
prices

Saturday 12th November at Chertsey Primary School.

You will need to book by filling in form below.

Places are going fast!!

Have a great week

Love Nada

ONLY

\$49

I am interested in a family photo package with Gary Champion Photography
on Saturday 12th November

Family Name: _____

Times I am available during this day:

(Please circle which time frame would suit you best)

9am – 11am

11am – 1pm

1pm – 3pm

3pm – 5pm

Contact number: _____

Kincumber Public School P&C

FETE

SATURDAY 12TH NOVEMBER 2011

AVOCA DRIVE, KINCUMBER

TIME 2-6PM

www.kincumber-p.schools.nsw.edu.au

email kpsfete@gmail.com

**LUCKY
DOOR
PRIZE!**

**SILENT
AUCTION**

CAFE

RIDES

**KINDI
FARM**

**SHOW
BAGS**

**FOOD &
DRINKS**

**FACE
PAINTING**

**KID
ZONE**

CAKES

CRAFT

RAFFLES

GOLD SPONSORS

Plaster Blast

dburge

Bendigo Bank

Bikeecology Central

handmade
craft market



Join us at our Christmas Market!

give
handmade
this Christmas

60+ stalls.

Gorgeous handmade
originals and delicious treats.

100 FREE goody bags.

Kids can have their photo
taken with Ollie the Owl.

Face painting & live
entertainment.

LUCKY DOOR PRIZE!
WIN a handmade hamper.

**Sunday
20th November
10am - 2pm**

Erina High School, Cnr Ernest St & The Entrance Rd, Erina

ADMISSION Adults Gold Coin Donation, Children up to 16 years FREE.

100% of admission fees go to the Keira Lee Williams Appeal. 100% of funds raised stays on the Central Coast.

www.handmadecraftmarket.com.au

My name is Ryan and I'm your new local Aussie Farmers Direct milko! I deliver 100% Australian fresh produce to homes in Gosford to Springfield. Chertsey Public School has signed up for my fundraising program – when you become a customer I'll donate 2% of your spend with me to the school – it's easy fundraising and you get to enjoy delicious fresh produce delivered free* to your door (*3 item minimum order).

Check out our products online at www.aussiefarmers.com.au or give me a call and I can talk you through how the service works, I'll even give you \$20 off your first order if you spend \$30 or more! I look forward to making a big donation to your school! Ryan 0425 361 633

Thank You

**Aussie
Farmers
Direct**
Fundraising

**2% of your spend goes
back to our school**

**Aussie Farmers Direct is our
school's new fundraising partner!**

Aussie Farmers Direct delivers 100% Australian fresh milk, bread, veggies, meat and much, much more to over 100,000 Australian homes.

Why Families Love Aussie Farmers Direct

- Convenient free* home delivery
- Great quality produce
- Always 100% Australian – supporting Australian farmers and your local community

It's easy and hassle free fundraising

Shop with Aussie Farmers Direct and they donate 2% of your total spend back to our school.

*Minimum order quantities apply

Help our school achieve its fundraising goals this year!

For more information call 1300 MILKMAN (1300 645 562) or visit www.aussiefarmers.com.au/fundraising



Volunteers needed

Central Coast Meals on Wheels is a not for profit organisation for frail, aged and younger people with disabilities and their carers.

They urgently require volunteers for a variety of roles.

Please call 43 829444

