Chertsey Primary School *Growing and learning for academic success*



Willow Road Springfield NSW 2250

Tel: 0243253963 Email: Chertsey-p.school@det.nsw.edu.au

Term 4 Week 2 Newsletter

Tuesday 13/10/2015



Toni Skinner *Principal*

Chertsey Primary School Willow Road, Springfield 2250

Phone: 43253963

43231443

Fax: 43236891

Access our Newsletter at any time, on our website: www.chertsey-p.schools.nsw.edu.au
Or via the School Stream App.



From the Principal's desk



Welcome back to Term 4. This term will no doubt go as quickly as the others especially with all of the activities we have arranged for all of the students here at Chertsey Primary School. Students finish school on Wednesday December 16 and teachers will finish on December 18. Before such time we have lots of fun and exciting activities to get through and I would like to remind parents to keep an eye out for the many notes going home on a regular basis keeping you up to date as to what is going on.

Year 6 have an exceptionally busy time ahead and along with High School Orientation we have the farewell to organise. Mrs Stuckey met with many year 6 parents at the end of last term and I would like to thank the many who have offered their assistance in the organisation of the farewell. If you were unable to come to this meeting but would still like to help out please contact Mrs Stuckey or Miss Scott.

All of year 5 and 6 has received notes in regard to Erina High School Little Day out and fun days. Please return these notes to your child's teacher as soon as possible. There are some fantastic opportunities for our students to engage in some fun activities at Erina High during these days so don't miss out!

All students in years 3-6 commenced technology lessons last Wednesday and will continue to have these specialised lessons for the remainder of term 4. The children were engaged in these coding lessons and they all seemed to really enjoy the challenge.

Sport in School commenced this week and the children enjoyed participating in these activities. If you would like your child to participate in this program please make payments at the front office. Children who do not wish to participate in this program will be participating in an alternative sport program on Mondays as well.

As of TODAY October 13 applications have opened for year 7 in 2017 who wish to apply for selective high schools. If your child is in Year 5 now and wishes to apply for a selective high school place in 2017 you will need to apply online before November 16. Testing will be conducted on March 10, 2016.

From the Principal's desk

If you are interested please talk to your child's teacher and visit the website;

www.schools.nsw.edu.au/shsplacement

All applications must be made on line and information packages can be collected from the front office.

What is coming soon?

Working Bee

This Saturday October 17 the P&C will be having a working bee here at school. If you have an hour or two to spare from 8:30am we would love to see you. Cold drinks and morning tea will be provided as we spend a couple of hours tidying up our beautiful school grounds so they look fantastic on the day of the fete. No need to RSVP, just show up on the day!

Choral Festival

The students involved in the Central Coast Choral festival went to their last rehearsal at Point Clare Public School last Friday and enjoyed meeting students from other schools who they will be performing with on **Tuesday October 20 at Mingara.** I am very much looking forward to seeing the children perform and sing the many songs that they have been working on. A big **thank you to Miss Gay and Mrs Scott** for all of their wonderful work they have done with our talented choir this year.

Grandparents Day

On Sunday October 24 Grandparent's Day is celebrated throughout NSW. Here at Chertsey Primary School we would like to invite all grandparents, aunties, uncles, mums, dads and carers to our very own celebrations here at Chertsey on Tuesday October 27. A note with the day's agenda will come home later this week. Please extend this invitation to our grandparents, aunts and uncles we would love to see lots of people here on the day!

Attendance at school

Please make sure that if your child is absent from school to send in a written note explaining why they have been away within 7 days of the absence.

The Chertsey Primary School Fete

Don't forget our school fete is not far off! <u>Keep Saturday October 24 free as we hope to see many families and friends</u> here on the day enjoying the many great fun activities planned by our classes and fete committee. Teachers sent home notes last term requesting help on the day for each class stall. If you can help out for a short time or long please let your child's teacher know ASAP as we don't have long!

Wrist bands for rides

Parents from the fete committee will be selling wrist bands for the fete day rides in the COLA each morning for \$20.00. Bands can also be purchased through the front office. If you purchase wrist bands on the day they will be at a cost of \$25.

Toni Skinner

Principal



P & C NEWS

Chertsey Fete – Saturday 24 October 2015

Volunteers are required to make this event happen so please give your time, be it a little or a lot. Please leave your contact details at the office. It's not too late to be involved.

Remember it's for our kids and our school.

We are having a **plant stall** at the fete...... so if you have a **green thumb** we would appreciate any assistance you can give us. Start planting now. Plants can be delivered to the school before the day or on the day itself.

We are also having a <u>dvd/books/music cd's/video game stall</u>. So if you have any good quality items please leave them at the office. No pirated or copied dvd's, cd's or games please, just originals.

Our Tombola stall requires <u>clean</u>, <u>large or medium glass jars</u>. If you have a donation please leave it at the office for our awesome fete committee

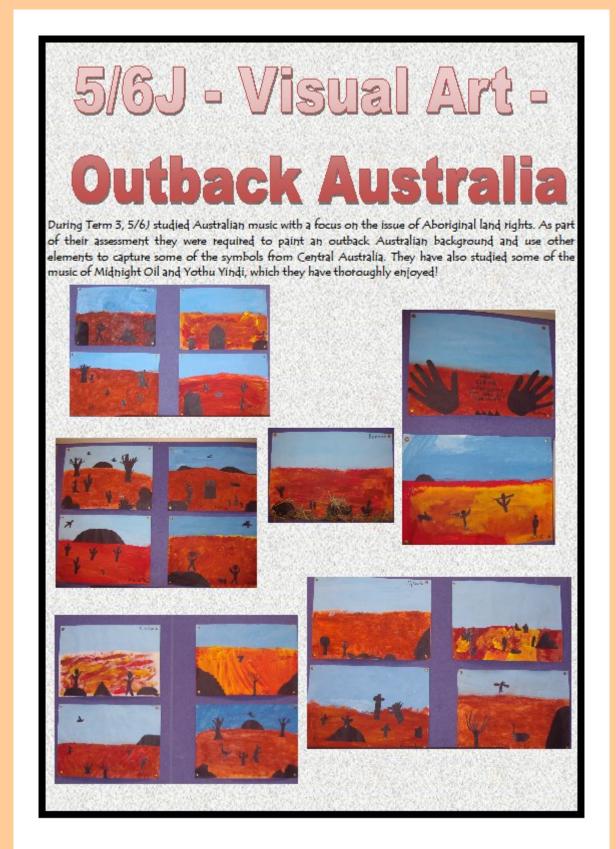
The fete committee will also be sending out notes (coming to a school bag near you in the near future) regarding donations for prizes for our awesome chocolate wheel. Items will be used to make gift baskets/raffle prizes/2nd chance draw prizes.

Check out what your class can do to help.

Michelle Frazer
P and C President

There is a working bee on Saturday 17 October 2015 starting at 8.30am. All welcome. Bring the kids, they can help. Morning tea provided.

Classy Article



CHOIR NEWS

Central Coast Choral Festival

Last Friday the choir attended one final rehearsal at Point Clare Public School. Congratulations on the outstanding behaviour of our choir on this day

Good luck to the choir who, next Tuesday 20th October, will show off their amazing singing talents at the Central Coast Choral Festival at Mingara. They have worked extremely hard to prepare for this event and should be very proud of their efforts.

Last term a permission and photography note was sent home regarding the performance day. Today all choir students have received a new permission note as there have been some minor changes. Please read the information carefully (particularly about what to wear) and return the permission note by this Thursday 15th October.

Mrs Scott and Miss Gay (Choir Coordinators)

SOUTHERN CENTRAL COAST INVITATIONAL BALL GAMES CARNIVAL

On Friday 30th October this term, our primary students have been challenged by the other schools in our sports zone to compete at a ball games carnival. All students should have received a green note about this. This is an exciting event that allows our students to have a go competing against other schools whilst working together in a team.

Date: Friday 30th October, 2015

Venue: Ettalong Oval (corner Maitland Bay Dr and Fassifern St, Ettalong)

Time: 9:30am - 1:45pm

Cost: \$15 per student (which includes carnival entry and bus transport)

Entries: Due asap

Our school is invited to enter teams into all events as follows:

Captain Ball	2x junior boys' teams	Tunnel Ball	2x junior boys' teams
	2x junior girls' teams		2x junior girls' teams
	2x senior boys' teams		2x senior boys' teams
	2x senior girls' teams		2x senior girls' teams
Overs & Unders	2x junior boys' teams	Tug-o-war	1x senior boys' team
	2x junior girls' teams		1x senior girls' team

Please ensure the permission note and money are returned to your child's class teacher as soon as possible so that teams can be organised.

Mrs Scott (Sports Coordinator)

BEACH SMART EDUCATION SESSIONS

On Friday 23rd October, all students K-6 will be participating in a free Beach Smart Education talk presented by Surf Lifesaving Central Coast. The sessions are as follows:

- K-2: 30 minute talk will cover age appropriate information on beach awareness, sun and surf safety.
- Stage 2: 45 minute talk will cover personal safety, what to do in an emergency, beach awareness and sun safety.
- Stage 3: 45 minute talk will cover personal safety, unsafe behaviours, beach awareness, identifying dangers at the beach, sun and surf safety.

With the warm weather approaching, this program is an excellent way for our students to refresh their minds about beach and water safety, and it also complements the PDHPE syllabus taught in school. There is no cost involved.

Mrs Scott (Sports Coordinator)



'TRY LOCAL- BUY LOCAL' - FETE BUSINESS INVITE C'MON WE NEED YOU!

At Chertsey Public School we have an idea to promote, build, grow and buy from you!- our local businesses within the Springfield /East Gosford area.

If you have a business or a home business we would like to hear from you.

We want to compile a Springfield local business Directory so the Springfield residents know what your business is all about and they can contact you if you have a service they would like.

We would like to start this little venture at our fabulous fete coming up!!

We would like to invite all parents/carers who are involved in a business/home business and who would like to promote your business in the community to fill out the form below or email it ccchertsey@yahoo.com with Attention Nada on it.

We are going to have a stall and activity at our school fete that will say 'Try Local – Buy Local' and we hope that people will be interested in what types of businesses are in our area and will try local first.

Please fill out the form below if you are interested in adding your name to the business directory, having your business advertised at the school fete and beyond and interested in getting your business out to Springfield residents through social media.

We are excited about this idea, it is simple but we are sure that once the word gets out about your business, you could be a very happy little vegemite!

So what do you think? C'mon we need you and have a go!

Thank you everyone and take care

Please can you fill in the form below and give to Kris Denning at the Office or email to Nada ccchertsey@yahoo.com and following this we will be getting back in contact with you

, , , , , , , , , , , , , , , , , , , ,
Nada
BUSINESS INVITE TO THE FETE
Yes I am interested in the directory, advertising at the fete and beyond
Name of Business
Type of business
Email
Phone/Mobile







Assembly times

K-6: Friday – Even Weeks From 1:45pm – 2:45pm

K-2: Wednesday – Odd

Weeks

From 9:15am – 9:45am

School Canteen

Our School Canteen is now open on:

Wednesday

Thursday

Friday

P&C

Meetings are held every second Tuesday of each month at 6:30pm.
All Parents are welcome.

All I dicites are were

Hire

School Community Hall and Chertsey Community Cottage for hire to the public. Please see Office for further details.

<u>Changes to address and phone</u> <u>numbers</u>

Please notify the Office as soon as you have a change of details.

Dates to remember:

Friday 23 October Beach Smart Talk

Tuesday 27 October Grandparents Day

Wednesday 28 October Year 6 Little Day Out at Erina High

School

Wednesday 4 November Year 5 Little Day Out at Erina High

Schoo

Friday 30th October SCCPSSA ballgames carnival@

Ettalong Oval (primary) 3:30-1:45

Wednesday 11 November Year 5 Fun Day at Erina High

School

Monday 16 - Friday 27 November Swim Scheme

Friday 20 November Year 6 Mini Fair

Friday 4 December KLA Assembly

Wednesday 9 December Presentation

Wednesday 16 December LAST DAY OF TERM FOR

STUDENTS.

ADMINISTERING MEDICATION AT SCHOOL

Dear Parents/Guardian

When medication is needed to be administered at school it is a departmental requirement that a form be filled out before we are able to administer the medication. Please see the office staff for a form when needed.



Enrol Now

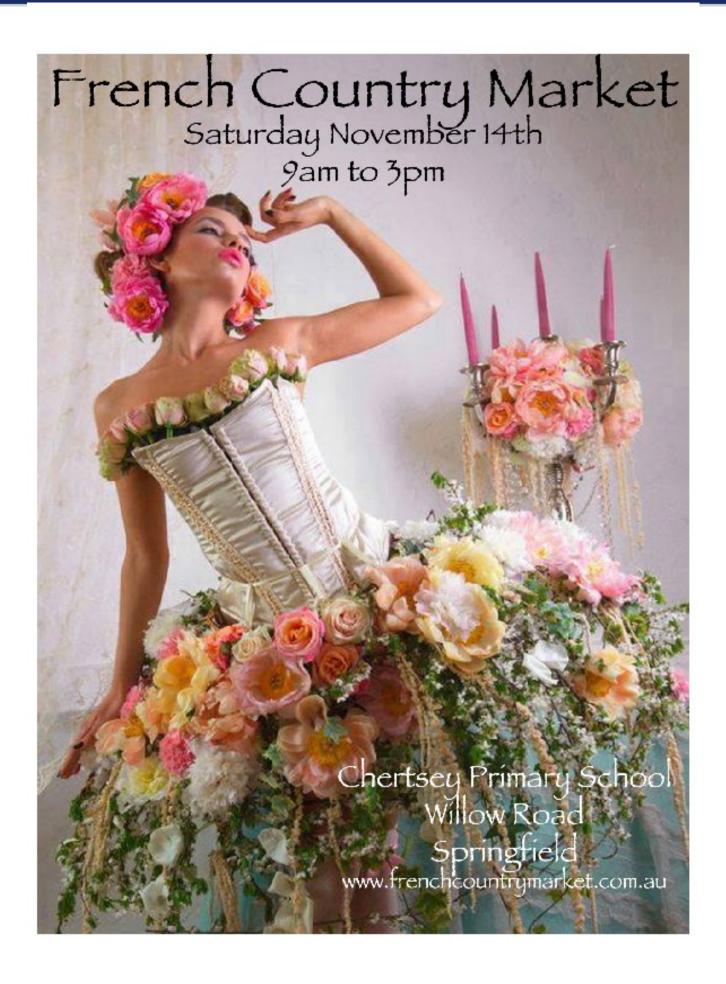
ENROLMENTS FOR KINDER 2016

If you have a child or know of a child that is turning five next year we are now taking enrolments for Kindergarten 2016. Please ring the office if you would like more information or drop in and fill out enrolment forms. Please provide copies of birth certificates & immunisation records or we can make copies if you provide the original.



The UNIFORM SHOP is located in the cottage opposite the car park

Open on THURSDAY MORNINGS from 8:30am until 9:00am





Growing Pains - part of normal development, or should you be concerned?

Growing pains are thought to affect 25-40% of children. While Symptoms can occur at any age, 2 primary age periods of 3-4yrs and 8-12 yrs have been identified as the most frequent. Despite the name 'growing pains', these symptoms have not been linked to growth spurts or times of rapid bone growth. They are considered more likely to be a result of muscle fatigue related to normal child activities such as running, jumping and playing. Children who have poor posture such as 'flat feet' or 'rolling in' often put more strain on their supporting muscles and may be more susceptible to growing pains.

What to look for?

The onset of growing pain symptoms usually occurs in the early evening, bed time or soon after falling asleep. Growing pain symptoms should have resolved by the morning, and should not effect you child's ability to run and play.

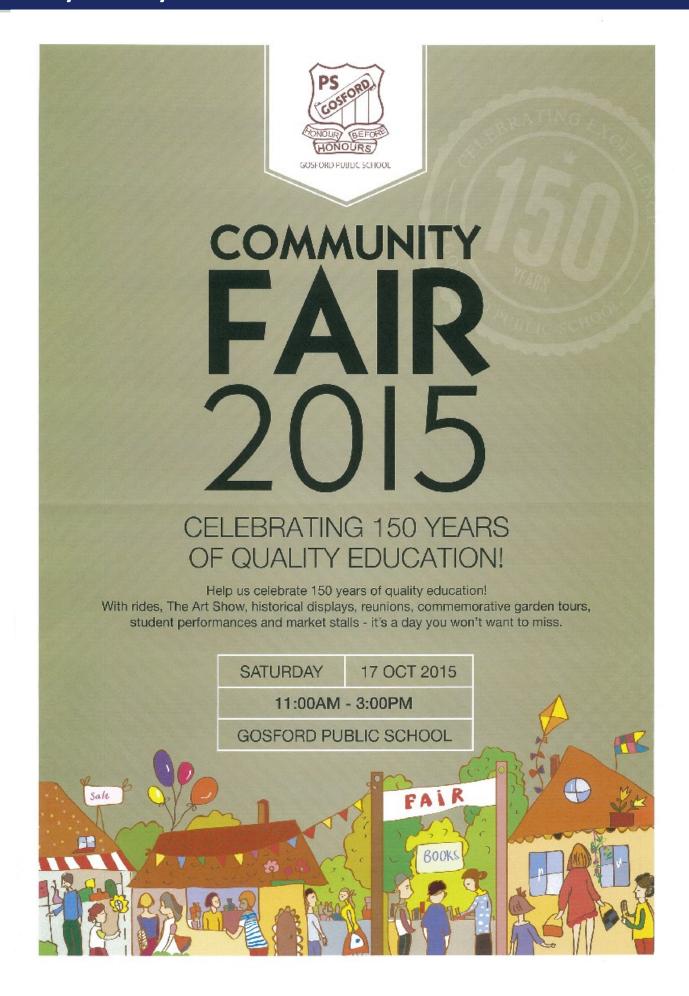
Growing pains usually occur in the longer muscles of the legs. Common sites for this 'hurting' or 'aching' include the front of the thigh or the calf muscles. Growing pains usually occur in both legs. Managing the symptoms of your child's growing pains should include lots of love and reassurance. A gentle massage, stretching and a warm heat pack should relieve the discomfort.

Growing pains should not:

- * Occur during the day, limiting you child's ability to run and play.
- * Consistently occur in only 1 leg.
- * Result in any joint pain or inflammation.
- * Progressively worsen over an extended period.
- * Have accompanying illness such as rashes, fever, loss of appetite, limping, tiredness, weakness or weight loss.

Should any of the symptoms occur, we suggest you seek a professional opinion. We hope this information has been helpful.





Find Us On Instagram: @wepaustralia

Facebook: WEP Australia

YouTube: wepaustralia

Get a taste of student exchange by inviting an overseas teenager into your home!



- Longlasting friendships
- Cultural exchange
- Rediscover your backyard through new
- Share our customs and language
- Advance harmony across communities
- You've got someone to visit when YOU travel
- Discover new food
- Most importantly, have loads of fun!

"Our hosting experience exceeded expectations. Seb was appreciative of anything that we did for him and was an absolute delight to have in our home for three short months." - Kaye, Melbourne



Meet our Italian students!



Benedetta V (16) is from glorious Italia! Her loves include reading, rock music, sport, art, shopping and of course, synchronised swimming! Benedetta also adores animals, especially cats and dogs, and hopes her host family will have pets! She's looking forward to getting to know her host family!







Camilla V (16) is also Italian. She self-describes as a hard working student who loves school! In her free time she participates in a theatre group, takes piano lessons, attends gym and hangs out with her friends. Camilla dreams of travelling and discovering the world. She can't wait to see Australia!

equest A Free Information I

www.wep.org.au

1300 884 733

info@wep.org.au

Dodgers Junior Baseball Club 2015-2016 Summer Season

Dodgers Baseball Club has been fielding Senior and Junior teams on the Central Coast for over 50 years. We pride ourselves on being a family orientated club and many of our past juniors have worked their way up into our senior ranks.

We are currently looking for Junior Players in the Under 8, 10, 12 divisions, for the up and coming season.

Training and games are played on Wednesday evenings at Adcock Park.

All enquiries can be directed to Danielle Fittler on 0402 891 094 or at

Danielle.Fittler@team.telstr.com

You can also look up our club on Face book https://www.facebook.com/dodgersbaseballclub/info

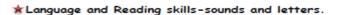
Is your child ready for "big" school in 2016?

Our premium "Ready for School" Groups provide:



READING

SUCCESS





- 🏄 A fun focus on Phonics, talking and listening skills.
- Confidence when asking and answering questions.
- Social skills- turn-taking and following instructions.
- *A strong foundation for learning to read, speak and spell.
- Taught by our caring and highly qualified Language and Literacy specialists.
- Term 4 classes starting soon! Call us now to book a place for your preschool child.
- Also effective for Kindergarten students needing help with language and reading skills.

Rosie: 0412 474 078 Tracy: 0410 555 068 7a 188 The Entrance Road ERINA 2251





Event Title - Meditation for Families

Date & Time - October 17, 2-5.30pm

Info & Booking - Please call 4385 2609, or visit centralcoastmeditation.org

Location - Khedrubje Buddhist Centre, 165 Willoughby rd, Wamberal, 2260

Cost - Donation suggested





BRAZEL MOORE LAWYERS

have been servicing the Legal needs of Central Coast people for more than 34 years.

We have Specialist Lawyers in the following areas of Law -

- Conveyancing
- Wills, Estate Planning and Probate
- Family Law & Defacto Relationships
- Employment Law
- Personal Injury Law
- Criminal Lav
- Civil Litigation
- Business & Commercial Law
- Challenging Wills
- Motor Vehicle Accident Claims
- Industrial Accident Claims
- Workers Compensation
- Public Liability Claims ie. Slip and Fall

The Brazel Moore Lawyers Free Seminar Series will run all year. Details will be advertised in the Central Coast Express and on our Facebook Page. For more information call us on freecall 1800 891 691 or visit our website.

Caring for the legal needs of Central Coast people since 1981





The Only Dance School on the Coast to offer

Anti Gravity Aerial Yoga & Silks/Lyra for Kids.

All classes are taught by Industry Professionals &

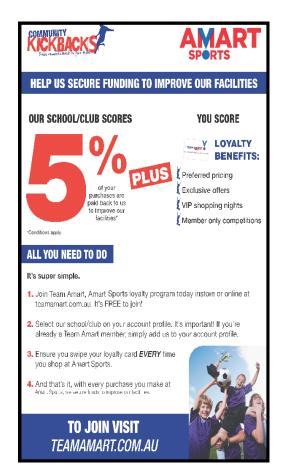
Leading Australian Choreographers

Come and Trial a Class Today!

Anti Gravity Yoga. Silks/Lyra. RAD Ballet. Jazz. Tap. Contemporary. Musical Theatre Singing with Nikki Webster. Hip Hop. Cheerleading. Acrobatics & Circus Skills.

Lifestyle building suite 1/310 The Entrance Rd, Erina 2250 0411 861 849 - www.dancenikkiwebster.com.au





Chertsey Primary School is not responsible for, and expressly disclaims all liability for, damages of any kind arising out of use, reference to, or reliance on any information contained within advertisements placed in our Newsletters.