

Chertsey Primary School

Growing and learning for academic success



Willow Road
Springfield NSW 2250

Tel: 0243253963

Email: Chertsey-p.school@det.nsw.edu.au

Term 3 Week 10 Newsletter

Tuesday 19/09/2017



Toni Skinner
Principal

Chertsey Primary School
Willow Road, Springfield 2250
Phone: 43253963
43231443
Fax: 43236891

Access our Newsletter at any time, on our website:
www.chertsey-p.schools.nsw.edu.au
Or via the School Stream App.



From the Principal's desk



Monday last week 2 of our students, Oscar and Angel represented our school at the Sydney North Athletics carnival. We were proud to hear that both Oscar and Angel not only did their personal best but were ranked a place in each of their events and are now off to represent Chertsey Primary School at the State carnival next term. This is an amazing achievement and we are so proud of them both!

ObstAcool was another big hit last Friday and the children enjoyed their time on the obstacle course. Thank you to the parents who helped Di out in the canteen, Daryl for cooking the sausages and Donna for making the yummy coffees. Many children have brought their money in for their sponsors but if you still have some at home please return this to the front office as soon as possible so we can determine who the winning fundraisers were.

Yesterday and today years 3 and 5 children sat the NAPLAN on line readiness tests. These tests are to determine whether schools will use computers in the future for all NAPLAN testing. Thank you to the families who purchased headphones and a special thank you to Miss Scott for coordinating these tests ensuring all of our computers were up to the job.

Thank you to Mrs Gemmell and Mrs McNeill who have had a term here with us at Chertsey as interns. They have had a lovely time with 2/3M and 5/6S over the past 10 weeks and all of us here at Chertsey would like to wish them all the best for the future.



Headstart has begun and it has been wonderful meeting our new families for 2018. This program runs each Thursday from 9:30-11am and will continue well into next term, if you know anyone who is ready for school please remind them it is now time to enrol. Forms can be collected from the front office.

On Friday Miss Gay will be taking all of the students involved in the Central Coast Choral Festival to rehearsals. Notes have gone home to all of the children involved in this event.

This Thursday is Chester Reward day and I know that there are some fun activities planned for the children. Friday is the last day of Term 3 and I would like to wish all of our students and families a lovely restful break from school routine.

Next term is sure to be a busy one and I would like to remind all of our families that the Casey's Toy world fundraiser is on Thursday night October 19. More information will be sent home in week 1 next term.

We look forward to welcoming all of students back to school on Monday October 9.

Toni Skinner

Principal

Happy



Holiday

P & C NEWS

Pie Drive

Thank you to all the family and friends from our school community who supported our recent Pie Drive. We hope you enjoyed the yumminess that came home.

Obstacool

Thank you to everyone who participated in our Obstacool fundraiser on Friday 15 September. It looked like amazing fun. We hope you enjoyed yourselves. A great big thanks and you are amazing to all those people who sponsored our students. Your assistance is greatly appreciated.

Next P & C Meeting

Tuesday 17 October 2017

6.30pm in the staffroom

All welcome to attend. Come along and make a difference.

Michelle Frazer

P & C President

Spelling Bee



Congratulations to Amber and Arseniy from 3/4B for their efforts at the District Spelling Bee! What an outstanding achievement. Thank you Ms Whitty for your hard work with the Spelling Bee!

Zone Carnival



Congratulations to Oscar of 2/3M and Angel of 5/6S for their outstanding efforts at the Zone carnival last week. Oscar came 1st in the 800m and Angel came 2nd in the shot put. Both students will now be representing Chertsey Primary School at State level! Well done Oscar and Angel, what a fantastic achievement!

Parents and Carers

We have a large number of families wishing to purchase second hand uniforms. If you have any old dresses that your child has outgrown, our clothing pool would appreciate the donation.

Thank You

ObstAcool





Student Banking



There will be no banking in the first week of Term 4 2017.

I will complete 2 banking deposits in week 2 Term 4 2017.

Any questions regarding this please contact me via the school office or in person if you see me around.

Have an awesome and safe holidays. See you all for more banking fun in Term 4.

Michelle Frazer

Student Banking Coordinator

PBL
FOCUS

LIBRARY

BE RESPECTFUL

- Share with others
- Pack up your things

BE RESPONSIBLE

- Put everything away
- Listen to the teacher

BE YOUR BEST

- Enter and exit quietly
- Wait on the silver seats



EVERYONE - EVERYWHERE - EVERY TIME

Be responsible

Be respectful

Be your best

Central Coast Choral Festival

The CCCF is fast approaching and tickets are now on sale! Please head to www.theearthhousewyong.com.au to purchase tickets to see our wonderful students sing as part of a massed choir. Chertsey Primary School will be performing at SHOW B Wednesday October 18th, so please ensure tickets are purchased to this date. Our students have been working really hard each week in their choir sessions and are excited to perform with 37 other primary schools. We hope you can come along!

Miss Gay



Central Coast Choral Festival



Go Active 2 Work Breakfast

C'mon Coasties –
Get on your bike
and join your local
community for
breakfast on your
way to work!

Wednesday 20 September 2017

William Street Mall (near Kibble Park)
Gosford
6.00am-9.00am

Free goodies* include bike lights, high-visibility backpack covers and slap bands, water bottles, stickers and more.

- Meet bike-minded people of all ages and abilities, including complete beginners.
- Enjoy a cuppa (with your free voucher*) and a chat and make plans to do it all again.
- Register on the day for Central Coast Go Active 2 Work Day (Third Wednesday every month) and receive a free Go Active 2 Work commuter satchel and reusable cup*

Cycling is the healthier, easier, cheaper and greener way to go for short trips. It's fun too.

C'mon Coasties, get on your bike and join the fun! You'll feel happier and healthier for the experience.

*While stocks last



For more details on this event
please contact Central Coast Health
Promotion Service on 4320 9700 or
GA2W@healthpromotion.com.au.

GO ACTIVE 2 WORK



We're celebrating 200 years of the bicycle!
For more information visit transportnsw.info/bikeweek



Fruit & Veg Month 2017

Our school has registered for the fun of Fruit & Veg Month.

Fruit & Veg Month 2017 runs for the last 4 weeks
of Term 3, Monday 28th August to Friday 22nd
September.

As part of Fruit & Veg Month, students will be
involved in various classroom and school based
activities which encourage them to eat more fruit
and vegetables.

Trash Free Tuesday

Trash Free Tuesdays are designed to encourage children to bring lunches that don't generate much rubbish. This is done by using trash free lunch boxes, re-usable containers and drink bottles.

Chertsey Primary School is Trash Free every Tuesday.

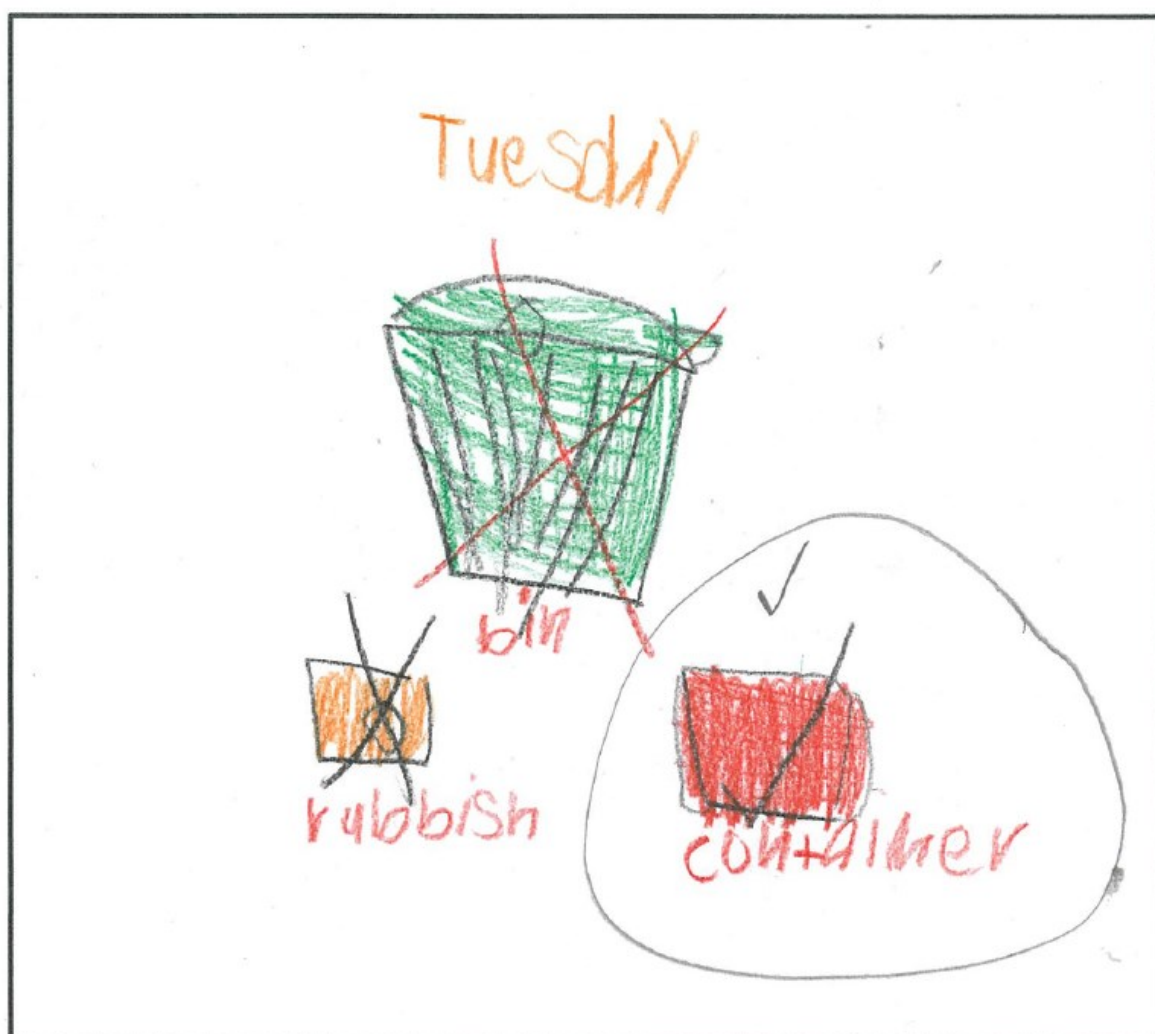
Students have designed a Trash Free Tuesday poster design.

Each newsletter will show a great poster from different classes.

Thanks, Mrs Campbell

Name: Regina

Class: KIA





OCCI Central Coast, FREE HOLIDAY ACTIVITIES – Sept/Oct 17

Come and explore the rock pools with OCCI's expert guides and learn about the fascinating creatures that live there. We are also running a talk about 'binning little bits of rubbish too', at Heazlett park, Avoca Beach followed by a clean up, using kayaks to get to the debris on the waters edge.

There is a maximum of 25 people per walk so **bookings are essential**.

Most suited to ages 5 years to adult.

For those who would like to hear more about the life in the rock pools, Kincumber library are hosting an afternoon session to do this too. It is on Thursday 28th September, 1-3pm. Booking for this is on the library website.

All children need to be accompanied by an adult on the walks and clean up and ALL participants are required to wear closed in shoes for protection, as well as sunscreen.

Dates:

Tuesday 26th Sept, 10-12 Clean up talk and kayak debris collection, Heazlett Park, Avoca Beach

Thursday 28th Sept, 1-3, Kincumber library (book through library)

Wednesday 4th Oct, 1pm. Rock pool walk Umina Beach South

Thursday 5th Oct, 1.45pm. Rock pool walk, Norah Head.

Friday 6th Oct, 2.30pm. Rock pool walk, Terrigal Haven

To book walks and cleanup, please phone or text Linda on **0404 450 429**

Or email: lindaroberts4@bigpond.com



Sponsored by Central Coast Council

OCCI-CC are also available to do walks and talks to schools during term time, or adult groups at any time. To discuss your requirements please contact the secretary via the details above.

Group photos



If your child has been involved in school group activities, team sports or represented Chertsey at Zone, they have recently had their group photo taken.

Proof and orders information is available in the front office.

Each group photo is \$15.

Orders must be placed by the 27th of October.

Orders received after this date will incur a \$20 search fee.

The Lowes logo is in its signature red and white font, enclosed in a red-bordered box.

SCHOOL UNIFORMS

Your school uniform is now available online at www.lowes.com.au

FREE SHIPPING FOR ORDERS OVER \$100

Register online and receive a **DISCOUNT ON YOUR FIRST ORDER**

Uniforms are also available in store at Erina Fair

The Cancer Council NSW logo features a stylized yellow flower icon next to the text 'Cancer Council NSW'.

The simplest way

...to be SunSmart at the snow!

Surfaces such as snow can reflect up to 90% of ultraviolet (UV) radiation. Also, the atmosphere is thinner at high altitude and absorbs less UV radiation. UV radiation intensity increases by about 10–12% for every 1000m increase in altitude. This means you can get a double dose of UV at the snow and you need to remember to protect yourself!

A small photograph of a person wearing a red winter hat, goggles, and a red jacket, sitting in the snow.

SunSmart tips at the snow:

- Slap on a winter hat such as a balaclava, hood or a beanie with flaps to cover your ears.
- Slide on goggles or wrap-around sunglasses.
- Slap on some SPF30+ or higher, broad spectrum and water resistant sunscreen and lip balm at least 20 minutes before going outside. Re-apply every two hours.
- Take a break from the slopes during the middle of the day

Don't forget to be a SunSmart role model for your children and have a great winter!

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au

The SunSmart logo features a stylized sun icon with rays above the text 'SUNSMART' in a bold, sans-serif font.

Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to your school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

What expenses can be paid online?

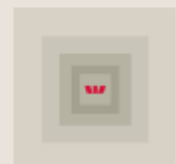
- Voluntary School Contributions
- Subject Contributions
- Excursions
- Sport
- Creative and Practical Arts
- Sales to Students
- Other

When?

This payment method is live now.

How?

Log onto School site at www.chertsey-p.schools.nsw.edu.au Click on "Make a Payment" and follow the prompts to make a payment via Visa or MasterCard.





**FILL A BOX FOR
\$40**

Spring into books
**WAREHOUSE
BOOK SALE**
SAVE 50% OFF
ON A HUGE RANGE OF CHILDREN'S BOOKS

THREE DAYS ONLY!

| | | |
|-----------------------|------------|----------------------------------------------------------------------------------------|
| Thursday 21 September | 3.30pm–6pm | Scholastic Warehouse Gate 3, Building 2 76-80 Railway Cres, Lisarow NSW 2250 |
| Friday 22 September | 8am–5pm | |
| Saturday 23 September | 8am–12pm | |

© Scholastic

WHAT'S ON SALE?

Hundreds of picture and chapter books, novels and activity items, nonfiction books and popular authors. **PLUS**, you can fill a box for \$40 from a selected range of books.

**RESTOCKED
DAILY!**

IT'S EASY TO BUY!

You can pay by: EFTPOS | CREDIT CARD (MASTERCARD & VISA) | CASH | SCHOOL ACCOUNT*

* To pay on school account you will need your customer number and Letter of Authority on school letterhead and/or purchase order.

*Bring your bags to carry
your bargains away!*

[scholastic.com.au](https://www.scholastic.com.au)

NO TRADE RESELLERS

 **SCHOLASTIC**

Safety learning program



The Great Benefits of the School Bus

Have you considered looking into using the school bus service as a way of getting to and from school? Here's some information you may not have known that will help you make up your mind.

Kids catching the bus instead of parents driving them to school has so many benefits, mainly it can help by reducing the congestion that increases unsafe behaviours.

Did you know that bus travel is the safest form of land travel in Australia?

Did you know that school children between the ages of 5 and 16 years, travelling to and from school, are substantially safer travelling by bus than other modes of transport?

Did you know that studies run by the Institute of Transport and Logistical studies, University of Sydney show that travelling by bus is 4.4 times safer than walking, 55 times safer than riding a bike and 1.38 times safer than being driven to school?

Did you know that until the end of Year 2 bus passes are free for all students?

Did you know that if you live over 1.6km (most direct route) from the school, you can get a free bus pass?

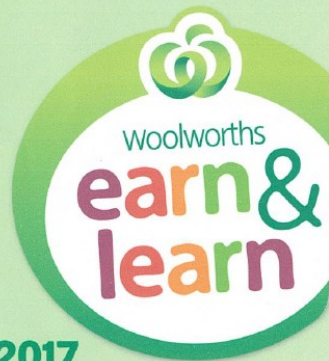
Did you know that it only costs approx \$1/per day (\$52/term) to get a bus pass?

Other benefits of catching the bus to and from school include:

- Reducing traffic around the school, thus increasing safety for all our kids
- Reducing environmental damage from running your car
- Not having to get to school ½ hour early to get a parking space
- Promoting and encouraging safe independence with our children
- Drop off right outside the school gate (or closer to the school gate then you can get dropping your child safely with your car)
- Extra 'me' time for busy mums.

Talk to your school office or local bus company about bus routes for your school and getting a bus pass.





Woolworths Earn & Learn 2017

Dear Parents,

Woolworths Earn & Learn 2017

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26th July to Tuesday 19th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit woolworths.com.au/earnandlearn.



\$100 rebate to cover sport fees

As part of the 2017-18 NSW Budget, I am pleased to advise that the NSW Government has launched the **Active Kids Rebate**.

This will provide a \$100 rebate towards sports fees and

registration costs for each school-aged child in NSW. The health of our children is a priority, and I hope that this rebate will make a real difference to enable parents to enrol their child in sporting activities.

The rebate will not be means-tested, which means **every school-aged child in every family is eligible**.

A full list of sports and activities will be finalised before the rebate commencing early next year. More details are available at <https://sport.nsw.gov.au/sectordevelopment/activekids>, or alternatively please feel free to provide feedback directly to me by emailing terrigan@parliament.nsw.gov.au.

Adam Crouch MP, Member for Terrigal

Merit & Chester Awards

| | | | |
|------------|------|---------|---------|
| Layla Ivy | KS | Eva | 2/3M |
| Harvey | KS | Damon | 2/3M |
| Dustin | K/1A | Helaman | 3/4M |
| Amber-Rose | K/1A | Sophia | 3/4M |
| Raymond | K-2F | Lucas | 3/4B |
| Chace | K-2F | Annie | 3/4B |
| Taylor | K-6G | Marlon | K-6G |
| Chiara | 1G | Caleb | 5/6S |
| Samuel | 1G | Trent | 5/6S |
| Adam | 2H | Eden | 5/6N |
| Shyallah | 2H | Tyhler | 5/6N |
| Zach | K-6T | Alexis | Library |
| | | Sophie | Reading |
| | | Saxon | Library |

Assembly times

K-6: Friday – Even Weeks
From 1:45pm – 2:45pm

K-2: Friday – Odd Weeks
From 9:15am – 9:45am

3-6: Friday—Odd Weeks
From 1:45pm—2:45pm

School Canteen

Our School Canteen is now
open on:
Wednesday
Thursday
Friday

P&C

Meetings are held every
second Tuesday of each
month at 6:30pm.
All Parents are welcome.

Hire

School Community Hall
and Chertsey Community
Cottage for hire to the
public. Please see Office
for further details.

Dates to remember:

| | |
|------------------------|----------------------------|
| | |
| Wednesday 20 September | Beach Smart Talks |
| Thursday 21 September | Chester Reward Day |
| Friday 22 September | 9-11 AFL Sport |
| Monday 9 October | Students return for Term 4 |
| Saturday 11 November | French Country Markets |
| Tuesday 14 November | Year 6 Mini Fair |
| Wednesday 6 December | Xmas Carols and Markets |
| Friday 8 December | Presentation Day |
| Monday 15 December | Year 6 Farewell Assembly |

CHANGES TO ADDRESS OR CONTACT DETAILS

Please notify the school as soon as possible if
there has been any changes to
contact details, address and phone numbers
etc.

ADMINISTERING MEDICATION AT SCHOOL

Dear Parents/Guardian

When medication is needed to be administered at school it is a departmental requirement that a form be filled out before we are able to administer the medication. Please see the office staff for a form when needed.



CENTRAL COAST LIBRARY SERVICE **READING BUDDIES**

Monday to Friday at various branches.
3.15pm, 3.45pm or 4.15pm sessions.

Does your child need help with reading?

Then join our Reading Buddies program.

Book for Term 4 for half hour sessions with a volunteer who will sit with your child and help improve their reading ability and confidence.

Your child will receive a reading passport to track their progress.

The Reading Buddies program is open to all school aged children.

Please note that a parent or carer must remain in the library during the reading buddy session.

Bookings essential.

Call 4304 7337

or contact your nearest branch.





Stand Together

A group for women who have survived domestic family violence

When: Wednesday's 25 October, 1, 8, 15, 22, and 29 November 2017

Where: Wyoming Women's Health Centre,
37 Maidens Brush Road, Wyoming

Time: 10am - 12pm

Limited Free childcare available for a gold coin donation;

Bookings essential

Participants will need to complete a pre-group interview

**CENTRAL COAST
FAMILY SUPPORT SERVICES**

To register, please contact
Central Coast Family Support
Services on 4340 1585 or
ccfss@ccfss.com.au



Circle of Security



A RELATIONSHIP BASED PARENTING PROGRAM FOR CAREGIVERS

Topics Include: Exploring Your Children's Needs, Understanding How to Help Build a Solid Emotional Foundation With Your Child, How to Create a Secure Attachment With Your Child, How To Be a 'Bigger, Stronger, Wiser and Kind' Caregiver.

Starting 27th October – 1st December 2017 – Friday's 10.00am-12.00pm

(6 Week Program) at Kariong Neighbourhood Centre, 10 Langford Drive, Kariong

Morning tea provided; childcare available (\$5 per child per session)

BOOKINGS ESSENTIAL

To register for this course, please phone 4340-1585 or email ccfss@ccfss.com.au



Small changes,
big differences.



FREE Triple P 2- 8 Years Group Program

conducted by **Central Coast Family Support**

Come along and learn from the program and each other

Be the Best Parent You can be....

With Triple P – Positive Parenting Program

Triple P is a parenting program for all families that provides practical answers to everyday concerns. Families NSW is offering Triple P to all families with children aged 2-8 years.

Venue: Woy Woy Schools as Community Centre (in the grounds of Woy Woy Public School), Blackwall Road, Woy Woy

When: 5 Wednesday sessions in Term 4, 2017;

1st, 8th, 15th, 22nd, and 29th

November 2017 (5 weeks)

Time: 10am to 12pm

BOOKINGS AND INFORMATION



LIMITED FREE CHILD CARE AVAILABLE

Free morning tea provided

To register for this Group please call
4340 1585 or email; ccfss@ccfss.com.au



www.triplep.net

Celebrate Family Fun Day Parliament of NSW

Children from 4 to 12 years
Friday 6 October, 10am - 3 pm

Ghosts of our Colonial past

Fun educational activities at Australia's oldest Parliament; Children's trail, guessing competition, arts and crafts, role plays, tours of the Chambers, and the opportunity to visit areas rarely open to the public.

Family Fun Day is also renowned for its highly entertaining theatrical re-enactments. This year some very special 'ghosts' from the Parliament's past will engage visitors with intriguing stories and interactive performances.

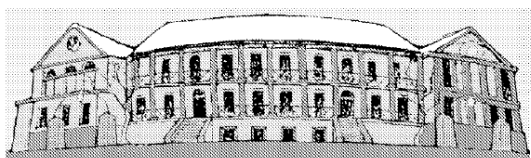
Sausage in a bread roll - \$3.00 per person

Public Café will be open.



FREE EVENT

T (02) 9230 2047 E: dps.education@parliament.nsw.gov.au



Parliament of NSW, Macquarie Street, Sydney
www.parliament.nsw.gov.au



Nutrition Snippet

The simplest way

...to pack a lunch box.



With the kids back to school for Term 3, here are a few tips to make packing and eating lunches easy for you and your child.

- Allocate a drawer or area of the kitchen where lunch boxes and containers are kept, so you can streamline packing.
- If you get food coming home uneaten, ask your child why, as there might be a simple reason, like it's getting soggy in the lunch box, it takes too long to eat or you are packing a little too much for them.
- Remember to include a fork or spoon when needed.
- Prevent soggy sandwiches – pack fillings such as tomato and cucumber slices separately to be added to bread at lunch time, or pat slices dry with paper towel at home before adding to a sandwich.
- For small appetites or younger children, packing smaller serves can help; like cutting sandwiches into quarters and chopping up fruit.
- Open tinned food like corn, baked beans and tuna at home and send in the lunchbox in a plastic container. Tins can be hard to open at school and are sharp on little fingers.

For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit



Nutrition Snippet

The simplest way

...to make eggs in a basket.

Serves: 4 | Prep time: 10mins | Cooking time: 15mins

Ingredients

4 wholemeal or multigrain bread rolls
1 spring onion, sliced
1 medium tomato, chopped
2 mushrooms, sliced
Handful of spinach leaves (optional)
4 small eggs
Pepper
2 tablespoons reduced-fat cheese, grated



Method

1. Preheat oven to 160°C and line a baking tray with baking paper.
2. Slice off the top of each roll and scoop out the soft bread inside, leaving the bottom and sides of the roll intact. Arrange the rolls on the baking tray. Reserve the tops and middles.
3. Divide the spring onion, tomato, mushroom and spinach between the rolls.
4. Crack an egg into each roll. Season with pepper. Sprinkle the eggs with the grated cheese.
5. Bake for 10 minutes or until eggs are to your liking. Add the tops and middles during the last 5 minutes of cooking time.

For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit



COME & JOIN WAMBERAL NIPPERS



Wamberal Surf Life Saving Club
provides a safe & friendly environment for introduction to the ocean & development of surf skills.

Our Nippers learn:

- ✓ Confidence in the surf
- ✓ Teamwork & resilience
- ✓ Fitness & Nutrition
- ✓ Working towards individual goals

Bring the kids (ages 5 - 14 years) down Sunday's 9:00am for some fun in the sun.

Our club has an inclusive social atmosphere and welcomes new families to join.

REGISTRATION DATES @WAMBERAL SURF LIFE SAVING CLUB

Sunday 10th September 1:00pm - 4:00pm

Friday 6th October 4:00pm - 6:00pm

Can't make those dates, please register online anytime at: join.sls.com.au
or at the club office Monday & Tuesday 10:00am – 2:00pm, Fridays 3:30pm – 5:30pm.

P: 02 4385 2322 E: admin@wamberalsurfclub.com W: wamberalsurfclub.com

Please bring birth certificate or passport for proof of age and ID



Nutrition Snippet

The simplest way

...to help fussy eaters.

Fussy eating is very common and often very stressful for the whole family. While there is no magic solution, perseverance, involvement, presentation and disguise are four effective strategies that can help address this behaviour.



Other tips include:

- Offer new foods at times when children are hungry.
- Encourage kids to try new foods but do not force them to eat. "Parents provide, children decide" is a good rule of thumb to use.
- Let kids help out with food preparation.
- Be a good role model.
- Praise your child for trying new foods: sometimes kids refuse foods to get attention.
- Add "hidden" veggies to recipes such as spaghetti bolognaise, soups, casseroles and home-made burgers.
- Cook veggies lightly and use a variety of types so they have different flavours and colours.
- It will take several attempts (10 – 15 times) so do not give up after the first time.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Learn to swim!

Skills for life
25m indoor heated pool

ENSURE YOUR CHILD LEARNS TO SWIM



We conduct classes for all ages including:


- Baby aqua classes
- Private tuition
- Learn to swim group classes
- Stroke correction
- Squads – Mini-Junior-Advanced
- Morning surf squad – great for Nipper training
- Adult squads
- Adult learn to swim and stroke correction
- New gym & Be Fit memberships
- Aquaerobics
- Lap swimming (includes spa)
- Hydrotherapy
- Enjoy coffee and cake at the café

155 Serpentine Rd, Erina Heights
4365 3748
www.desjohns.com.au



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Authentic Shito Ryu Karate-do Seiko kai N.S.W.

FREE KARATE LESSON
on presentation of this flyer

Chertsey Primary School
Tuesdays 4.30 – 5.30pm
Japan graded 7th Dan Instructor 40yrs. Exp.
www.centralcoastkarate.com.au

Learn Traditional Japanese Karate, Self Defense,
Discipline, Self Control, Confidence, Sport & Fitness.

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BRAZEL MOORE

LAWYERS

1800 891 691

- * Conveyancing
- * Family Law
- * Wills, Estate Planning & Probate
- * Challenging Wills
- * Employment Law
- * Motor Vehicle Accident Claims
- * Business and Commercial Law
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- * Workers Compensation
- * Public Liability Claims
- * Criminal Law
- * Civil Litigation
- * Personal Injury Law



Level 5,
131 Donnison Street
GOSFORD NSW 2250

www.brazelmoorelawyers.com.au
bml@gosfordlaw.com.au

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LIMITED SPOTS - POSITIONS FILLING FAST
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0411 893 141 www.born2rock.com.au
4/2 Carnarvon Rd, West Gosford
Expires 31/10/17



The UNIFORM SHOP is located in the cottage opposite
the car park

Open on THURSDAY MORNINGS from 8:30am until
9:00am

Chertsey Primary School is not responsible
for, and expressly disclaims all liability for,
damages of any kind arising out of use,
reference to, or reliance on any
information contained within