

Chertsey Primary School

Growing and learning for academic success



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Springfield NSW 2250

Tel: 0243253963

Email: Chertsey-p.school@det.nsw.edu.au

Term 3 Week 8 Newsletter

Tuesday 05/09/2017



Toni Skinner
Principal

Chertsey Primary School
Willow Road, Springfield 2250
Phone: 43253963
43231443
Fax: 43236891

Access our Newsletter at any time, on our website:
www.chertsey-p.schools.nsw.edu.au
Or via the School Stream App.



From the Principal's desk



The Father's Day stall and breakfast were both a success last week and it was wonderful to see so many parents at our breakfast on Friday. Thank you to all the staff and Mrs Wastell for making it a memorable day for our families. I hope everyone had a lovely Father's Day and enjoyed opening their presents from our stall coordinated by Mrs Michelle Frazer. Thank you to Michelle, Narissa and the parents who helped out on the day. There were many wonderful gifts to choose from.

Our Headstart program began last Thursday and it was wonderful to see so many new faces and meet the lovely families who will be a part of our school next year. The Teddy Bear's picnic was a big hit and we look forward to welcoming all of our new families to school each Thursday morning over the next few months.

If you know anyone who is ready for school please remind them it is now time to enrol. Forms can be collected from the front office.

Thank you to all our families who were able to support our Pie Drive. All of the orders will be delivered to our school on Friday September 8 ready for pick up. Please come to the hall in the morning if you are able to collect your order. Thank you to our P&C, Michelle and Jody for coordinating this fundraiser.

This week we are recognising our SASS Staff. SASS stands for School Administration and Support Staff and our SASS staff are definitely vital to Chertsey Primary School. During this week we are recognising all of our wonderful support staff and thanking them for everything they do for our students, staff and parents



On Thursday all classes will have fun as they take part in 'Outdoor Classroom Day'. Outdoor Classroom Day is a global campaign to celebrate and inspire outdoor learning and play. Thousands of schools around the world, and in Australia will take lessons outside and prioritise playtime. Chertsey students will be involved in a variety of nature and outdoor learning activities.

In Week 9, Friday 15th September, our school will be having another fun day with ObstAcool. The children were given sponsor forms last week and are encouraged to collect sponsors from family, friends and neighbours for the day. Our ObstAcool-A-Thon was a lot of fun last year and we were able to raise a lot of money for our school. Everyone is welcome and parents can join in as well. Some photos will be put on facebook of the ObstAcool obstacle course for parents and children to have a look at who were not here last year.

Assistant Principal

Karen Auinger

Group photos



If your child has been involved in school group activities, team sports or represented Chertsey at Zone, they have recently had their group photo taken.

Proof and orders information is available in the front office.

Each group photo is \$15.

Orders must be placed by the 27th of October.

Orders received after this date will incur a \$20 search fee.

BOOK WEEK WINNERS 2017

During Book Week the children from Kinder to Year 6 took part in competitions based on the theme of 'Escape to Everywhere.'

The winning entries each received a book voucher from QBD books at Erina Fair.

The winners were Gemma, Jai, Levi, Taylor, Annie, Eva, Bree, Ezekiel and Zachary.

Congratulations on an excellent effort to all those who took part.

Mrs Tialshinsky



P & C NEWS

Father's Day Stall

Thank you to all the parents, friends and children who assisted Narissa Felton run our wonderful stall. We can't do these things without the support of our school community.

Hope everyone had an awesome Father's Day.

Once again the wonderful Chertsey students displayed their best manners and had fun.

Pie Drive

Thank you to all the family and friends from our school community who supported our recent Pie Drive. Enjoy the yumminess that is coming your way.

Next P & C Meeting

Tuesday 12 September 2017

6.30pm in the staffroom

All welcome to attend. Come along and make a difference.

Michelle Frazer

P & C President

Zone Athletics Carnival



Student Banking



There will be no banking in the first week of Term 4 2017.

I will complete 2 banking deposits in week 2 Term 4 2017.

Any questions regarding this please contact me via the school office or in person if you see me around.

Have an awesome and safe holidays. See you all for more banking fun in Term 4.

Michelle Frazer

Student Banking Coordinator



Fruit & Veg Month 2017

Our school has registered for the fun of Fruit & Veg Month.

Fruit & Veg Month 2017 runs for the last 4 weeks of Term 3, Monday 28th August to Friday 22nd September.

As part of Fruit & Veg Month, students will be involved in various classroom and school based activities which encourage them to eat more fruit and vegetables.



Chertsey Public School Fundraiser

Friday 15th September
On the School Oval

Fun & Safe - All Fitness Levels

Families Welcome!
www.obstacool.com.au

#OBSTACOOKIDS



obstacoolkids



obstacoolkids



obstacoolkids

Central Coast Schools Showcase

On Thursday 24th August Gabi Hamilton, Nia Swanson and Eden Hamilton from Stage 3 represented Chertsey Primary School in the Central Coast Schools Showcase performances at Laycock St Theatre. The girls performed their own rendition of "You Make My Dreams" which was an acoustic version that saw them sing and play guitar, ukulele and percussion. The girls have been working hard all year getting ready for their performance and the crowd were impressed with their talents! Well done, girls! Your creativity and love of the Arts is fantastic.

Miss Gay

PBL
FOCUS

ASSEMBLY

BE RESPECTFUL

- Look and listen
- Celebrate success

BE RESPONSIBLE

- Sit in your class space
- Cross your legs

BE YOUR BEST

- Enter and exit quietly
- Stand silently



EVERYONE - EVERYWHERE - EVERY TIME

Be responsible

Be respectful

Be your best

Trash Free Tuesday

Trash Free Tuesdays are designed to encourage children to bring lunches that don't generate much rubbish. This is done by using trash free lunch boxes, re-usable containers and drink bottles.

Chertsey Primary School is Trash Free every Tuesday.

Students have designed a Trash Free Tuesday poster design.

Each newsletter will show a great poster from different classes.

Thanks, Mrs Campbell



Premier's Spelling Bee

Four students will represent Chertsey at the District Premier's Spelling Bee to be held this week at Lisarow Public School on Thursday Sept 7. Several students tried out and two were selected from Stage 2, Amber and Arseniy, and two from Stage 3 Ricky and Mikaela. We wish them good luck.

Miss Whitty



Local Council Election Day BBQ

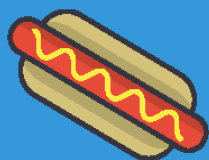
Chertsey is a participating polling booth for the upcoming Local Council Elections this Saturday, September 9. If you are able to help by giving an hour of your time, any time between 8am and 2pm we would appreciate it.



If you have a local business you may get a stall and advertise on the day through our **Try Local Buy Local** initiative. Contact Nada Potter on 0438237158 for more details. See the flyer in digital newsletter for more information. Copies of these were sent home last week.

Chertseydale Cottage Committee

2017 VOLUNTEERS NEEDED ELECTION DAY BBQ!



**ELECTION
SATURDAY
9TH
SEPTEMBER**

**CHERTSEY PRIMARY
SCHOOL
8AM - 2PM**

CAN YOU SPARE 2
HOURS TO HELP US
WITH A BBQ?

WE GUARANTEE YOU'LL
HAVE FUN, MEET LOTS
OF PEOPLE AND SPEND
THE MORNING WITH US!

CALL NADA IF YOU CAN
HELP ON 0438 237 158

A community initiative between
Chertsey Primary School &
Chertseydale Cottage.

**AN AMAZING OPPORTUNITY TO LET ALL OUR
LOCALS KNOW ABOUT YOUR BUSINESS
ALL YOU NEED TO DO IS BE HERE AND TALK TO
PEOPLE, IT'S FREE AND ALL WE NEED IS YOU!**

**ELECTION SATURDAY
SEPTEMBER 9TH**

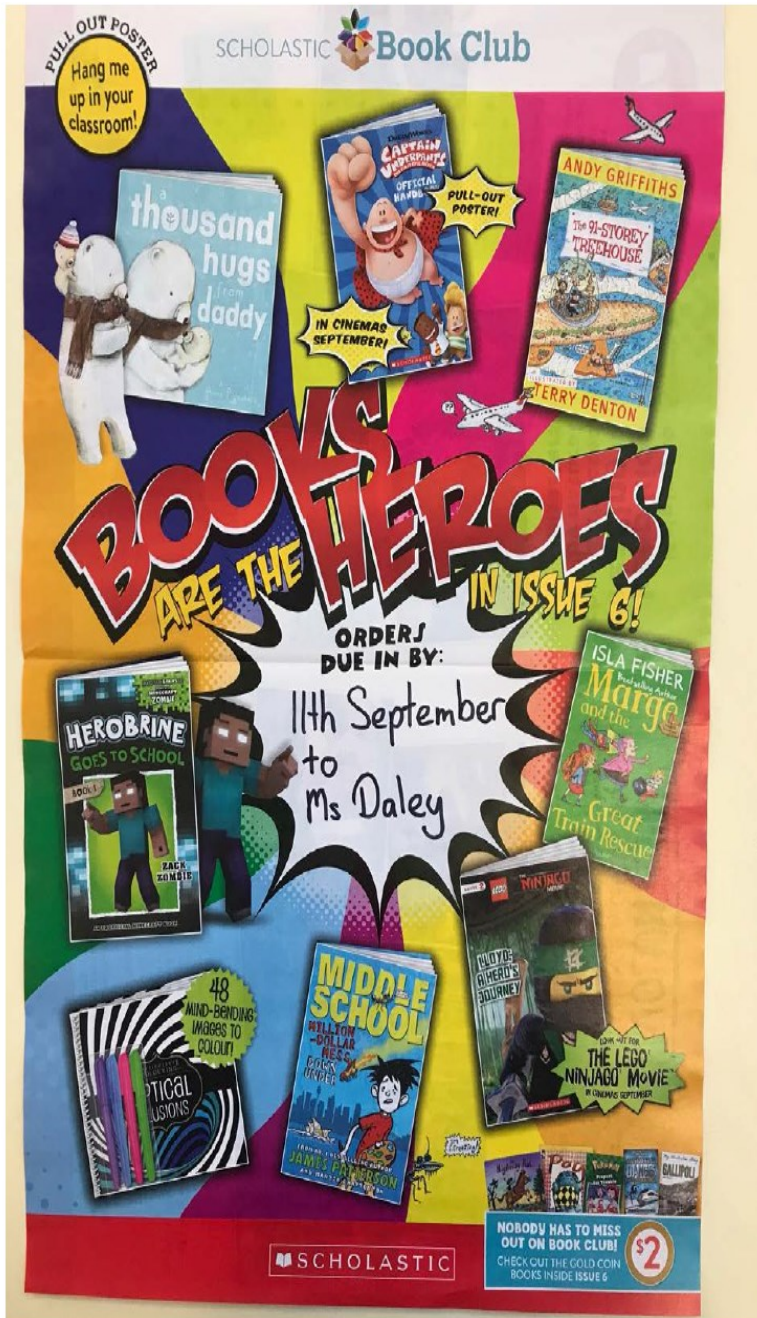
**TRY LOCAL
BUY LOCAL**


**SPECIFICALLY FOR
BUSINESSES IN SPRINGFIELD**

**IF YOU WOULD LIKE A STALL TO
ADVERTISE YOUR BUSINESS AT NO CHARGE**

**A COMMUNITY INITIATIVE
BETWEEN CHERTSEY PRIMARY
SCHOOL AND CHERTSEYDALE
COTTAGE.**

**CONTACT NADA ON
0438 237 158 FOR
MORE DETAILS**





SCHOOL ADMINISTRATION AND
SUPPORT STAFF

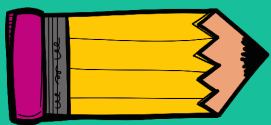
SASS RECOGNITION WEEK


We couldn't do it without you!

Recognition Week is a time for us to thank our SASS Staff for the valuable work they do for us everyday at Chertsey Primary School. This week is all about our:

- SAM
- SAO's
- SLSO's
- General Assistant

From the students, staff and parents at Chertsey Primary School, thank you to our SASS Staff, you are essential to our school community.







Be responsible

Be respectful

Be your best



The Great Benefits of the School Bus

Have you considered looking into using the school bus service as a way of getting to and from school? Here's some information you may not have known that will help you make up your mind.

Kids catching the bus instead of parents driving them to school has so many benefits, mainly it can help by reducing the congestion that increases unsafe behaviours.

Did you know that bus travel is the safest form of land travel in Australia?

Did you know that school children between the ages of 5 and 16 years, travelling to and from school, are substantially safer travelling by bus than other modes of transport?

Did you know that studies run by the Institute of Transport and Logistical studies, University of Sydney show that travelling by bus is 4.4 times safer than walking, 55 times safer than riding a bike and 1.38 times safer than being driven to school?

Did you know that until the end of Year 2 bus passes are free for all students?

Did you know that if you live over 1.6km (most direct route) from the school, you can get a free bus pass?

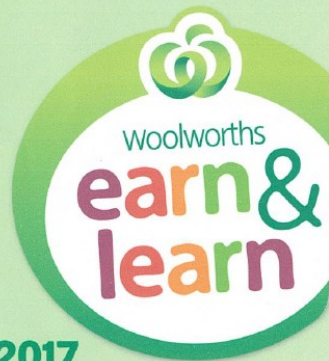
Did you know that it only costs approx \$1/per day (\$52/term) to get a bus pass?

Other benefits of catching the bus to and from school include:

- Reducing traffic around the school, thus increasing safety for all our kids
- Reducing environmental damage from running your car
- Not having to get to school ½ hour early to get a parking space
- Promoting and encouraging safe independence with our children
- Drop off right outside the school gate (or closer to the school gate then you can get dropping your child safely with your car)
- Extra 'me' time for busy mums.

Talk to your school office or local bus company about bus routes for your school and getting a bus pass.





Woolworths Earn & Learn 2017

Dear Parents,

Woolworths Earn & Learn 2017

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school/early learning centre – and all we need you to do is shop for your groceries at Woolworths.

From Wednesday 26th July to Tuesday 19th September, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it's complete, the Sticker Sheet can be dropped into the Collection Box here at the school or at your local Woolworths.

At the end of the promotion, we'll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science and some fantastic fun supplies for Arts & Craft, Sport and for our library. If you'd like to know more visit woolworths.com.au/earnandlearn.



\$100 rebate to cover sport fees

As part of the 2017-18 NSW Budget, I am pleased to advise that the NSW Government has launched the **Active Kids Rebate**.

This will provide a \$100 rebate towards sports fees and

registration costs for each school-aged child in NSW. The health of our children is a priority, and I hope that this rebate will make a real difference to enable parents to enrol their child in sporting activities.

The rebate will not be means-tested, which means **every school-aged child in every family is eligible**.

A full list of sports and activities will be finalised before the rebate commencing early next year. More details are available at <https://sport.nsw.gov.au/sectordevelopment/activekids>, or alternatively please feel free to provide feedback directly to me by emailing terrigan@parliament.nsw.gov.au.

Adam Crouch MP, Member for Terrigal

Merit & Chester Awards

Adam	KS	Tsean	3/4M
Aleira	KS	Geordan	3/4M
Grace	K/1A	Natasha	3/4B
Caleb	K/1A	Singto	3/4B
Nathaniel	K-2F	Tate	K-6D
Ava	K-2F	Jared	K-6D
Myia	K-6G	Gus	5/6S
Tiffany	K-6G	Gabi	5/6S
Aaron	2H	Rubin	5/6N
Tyler	2H	Marshall	5/6N
Charlotte	2/3M	Trent	Library
Eva	2/3M		
Tye-Reece	Library		

Assembly times

K-6: Friday – Even Weeks
From 1:45pm – 2:45pm

K-2: Friday – Odd Weeks
From 9:15am – 9:45am

3-6: Friday—Odd Weeks
From 1:45pm—2:45pm

School Canteen

Our School Canteen is now
open on:

Wednesday

Thursday

Friday

P&C

Meetings are held every
second Tuesday of each
month at 6:30pm.
All Parents are welcome.

Hire

School Community Hall
and Chertsey Community
Cottage for hire to the
public. Please see Office
for further details.

Dates to remember:

Thursday 7 September	Outdoor Classroom Day
Friday 8 September	9-11 AFL Sport Pies Delivered
Monday 11 September	3:15pm Year 6 Parent Meeting - Library
Friday 15 September	ObstAcool 9-11 AFL Sport
Wednesday 20 September	Beach Smart Talks
Monday 18 September - Wednesday 22 September	NAPLAN Online School Readiness Test
Friday 22 September	9-11 AFL Sport

CHANGES TO ADDRESS OR CONTACT DETAILS

Please notify the school as soon as possible if
there has been any changes to
contact details, address and phone numbers
etc.

ADMINISTERING MEDICATION AT SCHOOL

Dear Parents/Guardian

When medication is needed to be administered at
school it is a departmental requirement that a form
be filled out before we are able to administer the
medication. Please see the office staff for a form
when needed.

JDRF **ONE WALK**
FOR A WORLD WITHOUT TYPE 1 DIABETES

Central Coast



Join us at walk.jdrf.org.au
#JDRFOneWalk

WALK FOR A WORLD WITHOUT TYPE 1 DIABETES

Sunday 17th September - from 10am
Davistown Waterfront

Davistown to Kincumber 6km Walk

11am start
at Davistown Ferry Wharf,
6km waterfront pathway walk
to Kincumber and return.

Arrive by ferry, bus or car
to Davistown waterfront.

Dogs permitted along the
walk route, pram and
wheelchair friendly

Join us at Davistown waterfront
before and after the walk for a
BBQ, face painting and loads
more fun! Market stalls in the
Progress Hall & A Pizza Italia!



Register Today!

**Family &
Friends Welcome!**

For more information:

Margaret Sheridan
0416 013 388

margaretsher@gmail.com

Celebrate Family Fun Day Parliament of NSW

Children from 4 to 12 years
Friday 6 October, 10am - 3 pm

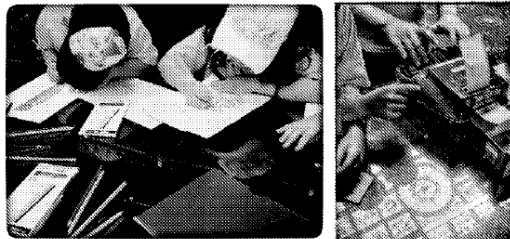
Ghosts of our Colonial past

Fun educational activities at Australia's oldest Parliament; Children's trail, guessing competition, arts and crafts, role plays, tours of the Chambers, and the opportunity to visit areas rarely open to the public.

Family Fun Day is also renowned for its highly entertaining theatrical re-enactments. This year some very special 'ghosts' from the Parliament's past will engage visitors with intriguing stories and interactive performances.

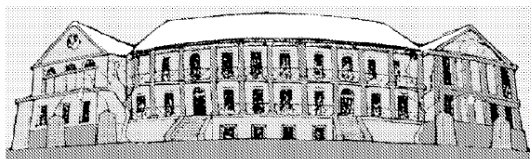
Sausage in a bread roll - \$3.00 per person

Public Café will be open.



FREE EVENT

T (02) 9230 2047 E: dps.education@parliament.nsw.gov.au



Parliament of NSW, Macquarie Street, Sydney
www.parliament.nsw.gov.au



Nutrition Snippet

The simplest way

...to pack a lunch box.



With the kids back to school for Term 3, here are a few tips to make packing and eating lunches easy for you and your child.

- Allocate a drawer or area of the kitchen where lunch boxes and containers are kept, so you can streamline packing.
- If you get food coming home uneaten, ask your child why, as there might be a simple reason, like it's getting soggy in the lunch box, it takes too long to eat or you are packing a little too much for them.
- Remember to include a fork or spoon when needed.
- Prevent soggy sandwiches – pack fillings such as tomato and cucumber slices separately to be added to bread at lunch time, or pat slices dry with paper towel at home before adding to a sandwich.
- For small appetites or younger children, packing smaller serves can help; like cutting sandwiches into quarters and chopping up fruit.
- Open tinned food like corn, baked beans and tuna at home and send in the lunchbox in a plastic container. Tins can be hard to open at school and are sharp on little fingers.

For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit



Nutrition Snippet

The simplest way

...to make eggs in a basket.

Serves: 4 | Prep time: 10mins | Cooking time: 15mins

Ingredients

- 4 wholemeal or multigrain bread rolls
- 1 spring onion, sliced
- 1 medium tomato, chopped
- 2 mushrooms, sliced
- Handful of spinach leaves (optional)
- 4 small eggs
- Pepper
- 2 tablespoons reduced-fat cheese, grated



Method

1. Preheat oven to 160°C and line a baking tray with baking paper.
2. Slice off the top of each roll and scoop out the soft bread inside, leaving the bottom and sides of the roll intact. Arrange the rolls on the baking tray. Reserve the tops and middles.
3. Divide the spring onion, tomato, mushroom and spinach between the rolls.
4. Crack an egg into each roll. Season with pepper. Sprinkle the eggs with the grated cheese.
5. Bake for 10 minutes or until eggs are to your liking. Add the tops and middles during the last 5 minutes of cooking time.

For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit





COME & JOIN WAMBERAL NIPPERS



Wamberal Surf Life Saving Club provides a safe & friendly environment for introduction to the ocean & development of surf skills.

Our Nippers learn:

- ✓ Confidence in the surf
- ✓ Teamwork & resilience
- ✓ Fitness & Nutrition
- ✓ Working towards individual goals

Bring the kids (ages 5 - 14 years) down Sunday's 9:00am for some fun in the sun.

Our club has an inclusive social atmosphere and welcomes new families to join.

REGISTRATION DATES @WAMBERAL SURF LIFE SAVING CLUB

Sunday 10th September 1:00pm - 4:00pm

Friday 6th October 4:00pm - 6:00pm

Can't make those dates, please register online anytime at: join.sls.com.au or at the club office Monday & Tuesday 10:00am - 2:00pm, Fridays 3:30pm - 5:30pm.

P: 02 4385 2322 E: admin@wamberalsurfclub.com W: wamberalsurfclub.com

Please bring birth certificate or passport for proof of age and ID

CENTRAL COAST

DANCE CAMP

Early Bird Special:

Five Days for

\$100 register by Midnight 9th September, 2017

Cost: \$125

(for five days (includes Friday performance))

25-29 September 2017

ALL STYLES OF DANCE TAUGHT:

Including Hip Hop, Jazz, and Acro

Boys Class available

EVERYONE CAN DANCE

Times: 9:00 am - 3:00 pm | 9:00 am - 3:30 pm
6 - 10yrs | 11 - 16yrs

Drop Off Time: 8:30-9:00 am | Venue: Green Point Christian College
Pick Up Time: 3:00-3:30 pm

To Register or more information:

Email: ccdancercamp@rockstudios.com.au Phone: 0410 681 174

Visit: <http://rockstudios.com.au/central-coast-dance-camp/>



Nutrition Snippet

The simplest way

...to help fussy eaters.

Fussy eating is very common and often very stressful for the whole family. While there is no magic solution, perseverance, involvement, presentation and disguise are four effective strategies that can help address this behaviour.



Other tips include:

- Offer new foods at times when children are hungry.
- Encourage kids to try new foods but do not force them to eat. "Parents provide, children decide" is a good rule of thumb to use.
- Let kids help out with food preparation.
- Be a good role model.
- Praise your child for trying new foods: sometimes kids refuse foods to get attention.
- Add "hidden" vegies to recipes such as spaghetti bolognese, soups, casseroles and home-made burgers.
- Cook vegies lightly and use a variety of types so they have different flavours and colours.
- It will take several attempts (10 - 15 times) so do not give up after the first time.

For more information visit

www.eatitbeatit.com.au

or join us at [facebook.com/eatitbeatit](https://www.facebook.com/eatitbeatit)





ENROL NOW FOR TERM 3!

Classes Held at St Pats @ East Gosford
Classes from \$5.50 * Try your First Week FREE!

Monday

5 Years - 12 Years

3:10 PM Jazz

4:10 PM Hip Hop

4:40 PM Acrobatics



0401473 457 / www.jbdance.com.au / jessie@jbdance.com.au

Learn to swim!

Skills for life
25m indoor
heated pool

ENSURE YOUR CHILD LEARNS TO SWIM

DES JOHNS
AQUATIC & FITNESS



We conduct classes for all ages including:

- Baby aqua classes
- Private tuition
- Learn to swim group classes
- Stroke correction
- Squads – Mini-Junior-Advanced
- Morning surf squad – great for Nipper training
- Adult squads
- Adult learn to swim and stroke correction
- New gym & Be Fit memberships
- Aquaerobics
- Lap swimming (includes spa)
- Hydrotherapy
- Enjoy coffee and cake at the café

155 Serpentine Rd, Erina Heights
4365 3748
www.desjohns.com.au

BRAZEL MOORE

LAWYERS

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- * Wills, Estate Planning & Probate
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- * Employment Law
- * Motor Vehicle Accident Claims
- * Business and Commercial Law
- * Industrial Accident Claims
- * Workers Compensation
- * Public Liability Claims
- * Criminal Law
- * Civil Litigation
- * Personal Injury Law



Level 5,
131 Donnison Street
GOSFORD NSW 2250



www.brazelmoorelawyers.com.au
bml@gosfordlaw.com.au



Like us on Facebook:

Authentic Shito Ryu Karatedo Seiko kai N.S.W.

FREE KARATE LESSON
on presentation of this flyer

Chertsey Primary School

Tuesdays 4.30 – 5.30pm

Japan graded 7th Dan Instructor 40yrs. Exp.
www.centralcoastkarate.com.au

Learn Traditional Japanese Karate, Self Defense,
Discipline, Self Control, Confidence, Sport & Fitness.

Enquire Now! Ph 0413 456086

shobudojo@yahoo.com.au

Like us on Facebook:

Authentic Shito Ryu Karatedo Seiko kai N.S.W.



The UNIFORM SHOP is located in the cottage opposite
the car park

Open on THURSDAY MORNINGS from 8:30am until
9:00am

Chertsey Primary School is not responsible for, and expressly disclaims all liability for, damages of any kind arising out of use, reference to, or reliance on any information contained within