

Chertsey Primary School

Growing and learning for academic success



Willow Road
Springfield NSW 2250

Tel: 0243253963

Email: Chertsey-p.school@det.nsw.edu.au

Term 1 Week 4 Newsletter

Wednesday 19/02/2020



Sarah Baldwin

Principal

Chertsey Primary School
Willow Road, Springfield 2250

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Access our Newsletter at any
time, on our website:

[www.chertsey-
p.schools.nsw.edu.au](http://www.chertsey-p.schools.nsw.edu.au)

Or via the School Stream App.



Principals Report Term 1 Week 4

Dear Parents and Carers,

Thank you to the wonderful students and parents who attended and participated in our annual swimming carnival. Well done to all students who entered races, tried their best and had fun! Congratulations to our successful swimmers who will be awarded at the next K-6 Assembly on Friday 28th February.

Communication and Concerns

If you have any concerns or queries regarding any aspect of your child/ren's learning or development, in the classroom or on the playground, please see your child's teacher as soon as possible. Communication with the class teacher is vital.

Kindergarten – Year 2	Year 3 – Year 6	Support Unit
Mrs K. Auinger	Miss K. Vaughan	Mrs B. Stevenson

Prompt communication, whether in person, via phoning the front office (4325 3963) or emailing the school (chertsey-p.school@det.nsw.edu.au with your child and class teacher in the subject heading) is important to tend to queries or concerns early.

At Chertsey Primary School, we promote collaborative, respectful communication with all who enter our school grounds and participate in our school community, whether this be from our students, staff, parents/carers and/or community members. This is also reflected in our three PBL values: Be Respectful, Be Responsible and Be Your Best. Please find the Department of Education's School Community Charter in this newsletter edition.



Teliah, Acknowledging Country
at class 5/6V's Friday's assembly.



Class 5/6V hosting, singing and signing the National Anthem
at the K-6 Assembly on Friday.

Mindfulness

Our mindfulness lessons began on Monday. Every class is participating in this wonderful opportunity which supports the implementation and achievement of elements of our school curriculum. We will be holding a parent information session regarding this in the near future.



Some of our K-6S kids enjoying our first Mindfulness session.

Illness

School attendance is mandatory however if your child is sick please keep them at home to rest and regain wellness. Sending children to school when they are unwell, not only spreads illnesses to other children but it is a particular concern with students who catch illnesses easily or have an immune deficiency. With any absence, please make contact with the school to explain this absence.

Pedestrian Gates

In the previous fortnightly newsletter, I wrote regarding carpark and pedestrian gates. The only gate that should be left unlocked but closed during the school day is the Willow Road pedestrian entrance (near the staff carpark). If you enter through this access point, please close the gate on entry or departure to ensure our students' safety at all times. Thank you in advance for your cooperation in this matter.

School Canteen

Mrs Jade Savage, our new Canteen Manager, is very keen to open the canteen and cook our students fresh, healthy snacks, lunches and drinks. She is currently waiting for a new food processor, fridge, oven and dishwasher to be delivered and as soon as they arrive it will be operational. In the meantime, you can have a look at the canteen menu in this newsletter.

Mrs Baldwin's Wall of Fame



Our newest students participating in morning fitness – squats!



Learning time in K-6S. Hand up if you need to ask a question.

“What to do with a mistake: Recognise it. Learn from it. Forget about it.” - Unknown

Mrs Sarah Baldwin
Principal



CANTEEN MENU

Open Wednesday, Thursday and Friday from 8:30-1:45pm

Online: www.flexischools.com.au

HM – HOME MADE		GF – GLUTEN FREE	
<u>BREAKFAST MENU</u>		<u>SANDWICHES, ROLLS & WRAPS</u>	
		<i>On White or Wholemeal Bread</i>	
Fresh Fruit	\$ 1.00	Wraps/Rolls	\$ 1.00
Hot Milo	\$ 1.00	Gluten Free Bread	\$ 2.00
Up & Go (Choc, Van, Ban, Straw)	\$ 2.50	Toasted	50c
Juice (apple or orange)	\$ 2.00	Vegemite / Cheese	\$ 2.00
		Egg Mayo / Tuna	\$ 2.50
Lunch Order Bags	10c	Chicken / Ham	\$ 3.00
		Salad	\$ 2.50
<u>SNACKS</u>		ADD:	
Fruit Salad Cup	\$ 2.00	Lettuce/Tomato/Carrot/Beet/Cucumber (each)	50c
Popcorn GF	\$ 1.00	Cheese	50c
Cheese & Crackers	\$ 1.20	All Salad Items	\$ 1.50
Vege Sticks – carrot & celery	\$ 1.00	<u>HOT FOOD</u>	
(add hommus)	80c	Lean Beef Pie	\$ 3.00
Red Rock Sea Salt Chips	\$ 1.00	Lean Potato Pie	\$ 3.30
Choc Muffin	\$ 2.00	Lean Sausage Roll	\$ 3.00
Yoghurt (Vanilla)	\$ 1.00	Yummy Drummies	\$ 1.20
- ADD – Seasonal a fruit	50c	Corn on cob	\$ 1.00
Mini Pizza HM	50c	Butter Chicken & Rice	\$ 5.00
Pikelets HM 3 for	\$ 1.00	Mac & Cheese HM	\$ 3.50
Garlic Bread HM	50c	Beef Bolognaise HM GF	\$ 4.00
Hash Browns	\$ 1.00	Fried Rice HM GF	\$ 4.00
Chicken Nuggets 3 for	\$ 2.00	Nachos HM GF	\$ 4.00
Bread Cases (Chicken & Cheese) HM	80c	<u>BURGERS</u>	
<u>CHICKEN TENDERS GF</u>		Hamburger HM - (beef patty sauce)	\$ 3.50
Chicken Tender	\$ 1.80	Cheeseburger HM - (beef patty, cheese, sauce)	\$ 4.00
Chicken Tender x 2 w/sauce	\$ 3.50	Chicken Burger - crumbed chicken, lettuce & mayo	\$ 4.00
Chicken Tender x 3 w/sauce	\$ 5.00	Vege Burger - vege patty, lettuce, tomato & sauce	\$ 4.50
		ADD:	
		Lettuce/Tomato/Carrot/Beet/Cucumber (ea)	50c
		Cheese	50c
		All salad items	\$ 2.00
<u>PIZZAS – (made in the canteen from scratch)</u>		<u>BOXED SALADS</u>	
Cheese	\$ 2.50	Full Salad (Lettuce/Tomato/Carrot/Beetroot/Cucumber)	\$ 3.50
Ham & Cheese	\$ 3.00	Ham or Chicken Salad	\$ 5.50
Ham & Pineapple	\$ 3.00	Egg or Tuna Salad	\$ 5.00
BBQ Chicken	\$ 3.50	Chicken Tender Salad	\$ 5.50
<u>DRINKS</u>		- ADD - Cheese	50c
Plain Milk	\$ 1.50	<u>FROZEN TREATS</u>	
Springwater 600ml	\$ 1.50	Quelch	50c
Apple / Orange Juice	\$ 2.00	Juicie – Lemonade/Tropical	\$ 1.00
Chocolate / Strawberry Milk	\$ 2.00	Vanilla Cup	\$ 1.00
Up & Go (Choc, Van, Ban, Straw)	\$ 2.50	Moosie - Chocolate	\$ 1.00
Glee Sparkling 99% Juice	\$ 2.50	Frozen Fruit Cup – Black Current	\$ 1.00
(Blackcurrant, Raspberry, Tropical)		Frozen Juice Cup HM	
<u>SAUCES</u>		- Large	\$ 1.00
BBQ Sauce / Tomato Sauce (ea)	30c	- Mini	10c



School Community Charter

 **Collaborative. Respectful. Communication.**

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with respect

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.

© NSW Department of Education



We create
collaborative
learning
environments

We
all play
our part

We work
in partnership
to promote
student
learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process:
education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



**Collaborative.
Respectful.
Communication.**

School Community Charter

education.nsw.gov.au



Coffee club invites you to come on Fridays mornings in the Cottage around 9.15am after the assembly for some yummy treats, a coffee and a chat. Here we have created a safe space to learn about each other, share skills and build supportive relationships. This is also a place where we can meet new friends and support our school P&C.

We would love to see you there!
Miss Donna Knee School Chaplain



The Annual General Meeting of Chertseydale Community Cottage Inc. will be held at 3.30pm on Monday, 2 March 2020 in Chertsey PS Library.

This group aims to create community identity, encourage pride and respect, and provide a platform to strengthen networking within the surrounding area.

All who are interested are welcome to attend.

Enquiries-Phone Nada Potter 0438 237 158 or Judith Wallace 0439 475 765



**Learning
Difficulties
Coalition** NSW Inc.

Feb
2020

LDC Regional, Rural & Remote Schools E-Update

FEBRUARY ARTICLE

Giving Instructions to Kids with Learning Difficulties (Part 2)

The following tips are particularly useful for students with a range of learning difficulties, but they will also be beneficial for all students in the class.

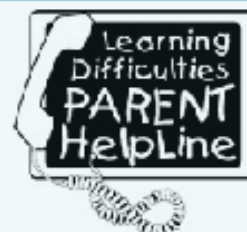
- ✓ Provide your instructions in layers. Rather than giving 5 at once, break it down. This will ensure that all students are keeping pace with the lesson, and those that finish quickly could be offered a 'side-step' activity, i.e. something that is adding to their knowledge, but isn't essential for all students in the class to do. Alternatively, provide instructions on coloured strips of paper, each one given out by the teacher when they have completed the instruction before. This allows teachers to keep mobile around the room and therefore monitor any concerns. They are also able to see who is and isn't progressing at the expected rate and offer support where needed. There can also be some 'extra' strips for students who finish first to keep them on task while others are still finishing the required work.
- ✓ Gently redirect students back onto task if they lose concentration. Informing the whole class that "Jack isn't concentrating" is the last thing Jack wants to hear. Instead work out the best way to help keep him on task. Eg. a tap on his desk as you walk past, a post it note placed on his book to draw his attention back, etc. There are lots of 'discreet' ways to return focus in a student. No matter how confident a student with learning difficulties might appear, most do not like being singled out for the wrong behaviour in front of their classmates.
- ✓ Allow all students the opportunity to stretch / move during lessons. Perhaps a few yoga stretches in between Maths and English, maybe some star jumps in time to the teacher reciting times tables, etc.

Reference: Newsletter excerpt: *How to Give Good Instructions to Children with ADHD*, by Additude Editors *The Well-Balanced School Day*, by Karen Sunderhaft. *Attention Getters for ADHD Children* by Sandra Rief. www.additudemag.com

Have you read this article... The school that's making high school more like primary: <https://www.smh.com.au/national/nsw/the-school-that-s-making-high-school-more-like-primary-20191127-p53emn.html>

Have you seen this book... *Back to the Past*, by C Knebel. Available from www.booktopia.com.au \$23.25. Decodable Chapter Books for Kids with Dyslexia - 'Back to the Past' is book 3 in the series. The books use decodable, high frequency and basic sight words that early readers can easily decode.

Have you seen this on YouTube: The Importance of "Why" for ADHD Brains <https://www.youtube.com/watch?v=PDm1zNB-gJc>



02 9806 9960

PO Box 140 Westmead 2145

info@ldc.org.au

www.ldc.org.au

Please contact the LDC office if you would like Helpline brochures/posters for your school.

MEMBERSHIP COSTS

1 year School M'ship \$55
3 year School M'ship \$150

MEMBERSHIP BENEFITS INCLUDE:

- A Quarterly Newsletter
- Fortnightly Member Updates relating to LD
- Discount on LDC resources
- Discount on entry to LDC seminars

RESOURCE HIGHLIGHT



ADHD TOOLKIT

This booklet on ADHD covers areas such as the nature of ADHD, Behaviour Management, Learning Support & Social Skills. It includes strategies for parents, teachers and health professionals.

\$12 for LDC members
\$17 for non members
+ P/H (see website)

See www.ldc.org.au for details

The information herein is provided on the understanding that the Learning Difficulties Coalition Helpline is NOT providing professional advice and services. The information herein provided is NOT to be used as a substitute for professional, medical, or clinical advice.

KG

KG have settled in well to their new classroom and school routines. We have been learning about patterns in Mathematics. Here are some of the patterns we have made.



CHOOSH Care - Creative Journaling

Creative Journaling is an art therapy class run by a qualified art therapy teacher. The classes will be held in the cottage. This session aims to support children express their creative self and find their own authentic style.

Commencing Friday 7th Feb Term 1 2020, Ms Patti Bourne will be running the creative journaling class. During the two hour session, children will be provided with assistance with their creative journals

(provided by Ms Patti Bourne), and children will learn to weave art and words together.



Cost

Children attending CHOOSH Care on the day \$5 per session

Children not attending CHOOSH Care on the day \$10 per session*

*Please Note: if your child is only coming for creative journaling, they can arrive at CHOOSH Care from 3:20pm and have a fruit snack before class, children must be collected immediately from CHOOSH Care following the session. If they come down to CHOOSH Care straight from school they will be marked as attending for the afternoon, charged accordingly but will be provided with afternoon tea and are welcome to stay at CHOOSH after the class finishes.

CHOOSH BOOKING FORM – Creative Journaling

I give permission for my child _____ to participate in Creative Journaling on Friday afternoons from 3:30pm – 5:30pm. I agree to the cost of the lesson being added to my bill.

I understand that for the duration of the session, my child will not be under the direct supervision of CHOOSH Care staff. I understand that I will receive a weekly statement via email for payment. I understand that once they sign up they must complete the whole term.

Parent/Caregiver's name: _____

Signature: _____ Date: _____

- ☐ My child is already enrolled at CHOOSH Care
- ☐ My child is **NOT** enrolled at CHOOSH Care. *If you have ticked this box, we require you to complete ALL of the additional information below in order to issue weekly Invoices.*

Child's DOB: _____ Parent / Carer's DOB: _____

Address: _____

Contact Phone Number/s: _____

Email Address: _____

Emergency Contact Name & Phone Number: _____

Reminder Notice

SCHOOL STUDENT OPAL CARDS

- The 2020 School Student Transport Scheme Moratorium Period will run for four weeks, commencing 28 January 2020 and ending on 28 February 2020.
- The moratorium period is provided to allow eligible students who have not yet received a Student Opal Card to receive the card. The moratorium period does not negate the need for students who have already been issued Student Opal Cards to tap on and off.

SCHOOL STUDENT SAFETY CAMPAIGN

Parents/Guardians can help keep students safe by

- Meeting your child at the Bus Stop in the afternoon
- Wait on the correct side of the road the bus stops on
- Be on time when meeting your child
- Move away from the bus when you have met your child at the bus door

BUS FLASHING LIGHTS PUBLIC AWARENESS SAFETY CAMPAIGN

Motorists can help keep children safe by:

- Slowing down to 40km/h when bus lights are flashing
- Lights flash on buses to warn motorists that buses are picking up and dropping off children.
- Looking out for children crossing the road near bus stops, in school zones or along bus routes
- You must not overtake or pass a bus with flashing lights at more than 40km/h.
- Giving way to buses when they merge back into traffic.

For more information visit: <https://roadsafety.transport.nsw.gov.au/campaigns/be-bus-aware/bus-flashing-lights.html>

SPREAD DRIVE

CHERTSEY'S BREAKFAST CLUB

NEED MORE SPREADS AGAIN!

Please help us out by donating a jar of spread for our students' toast!



+



+



Thank you!!

Register now!

Terrigal Avoca PANTHERS

Angela Roche 0434 395 187
info@panthers.org.au
Open for Boys and Girls 5-17

Sign up for junior footy **play.afl**

TAKING YOUR CHILD TO THE BUS STOP IN THE MORNING

- Wait on the correct side of the road for the bus to arrive.
- Never leave young children alone at the bus stop.
- Wait **2 STEPS** away from the road at the bus stop.

MEETING YOUR CHILD AT THE BUS STOP IN THE AFTERNOON

- Wait on the correct side of the road the bus stops off.
- Be on time when meeting your child.
- Move away from the bus when you have met your child at the bus door.

PICK UP & DROP OFF TIPS FOR PARENTS

40KM/H SPEED LIMIT FOR TRAFFIC PASSING A SCHOOL BUS
Please observe the 40KM/H speed limit when the school w/g w/g lights on the bus are flashing.

The speed limit is for all traffic in close proximity to the bus, whether the bus is stationary or moving. This speed limit is for your children's safety.

WAIT

until the bus has driven away and until there is plenty of visibility in both directions before crossing any road.

Assembly times

K-6: Friday – Even Weeks
From 1:45pm – 2:45pm

K-2: Thursday – Odd Weeks

From 9:15am – 9:45am

3-6: Friday—Odd Weeks
From 1:45pm—2:45pm

School Canteen

Our School Canteen is temporarily **closed**.

P&C

Meetings are held every second Tuesday of each month at 6:30pm.
All Parents are welcome.

School Banking

Every Tuesday of Term

Don't forget to 'like' our Facebook page to stay up to date with events and information.

Dates to remember:

Friday 6 March	Clean up Australia Day
Tuesday March 7	P&C Meeting @ 6.30pm
Friday March 13	Harmony Day

CHANGES TO ADDRESS OR CONTACT DETAILS

Please notify the school as soon as possible if there has been any changes to contact details, address and phone numbers etc.

ADMINISTERING MEDICATION AT SCHOOL

Dear Parents/Guardian

When medication is needed to be administered at school it is a departmental requirement that a form be filled out before we are able to administer the medication. This includes Panadol. Please see the office staff for a form when needed.

Chertsey Primary School is not responsible for, and expressly disclaims all liability for, damages of any kind arising out of use, reference to, or reliance on any information contained